

HEALTH QUESTIONNAIRE

We would like to understand your health. Please complete this form as best you can. This is important information in a complete evaluation. This form is part of your medical record and is private. If you need help filling out this form, please ask at the front desk.

Today's Date: _____

Home Telephone: _____

Referring Physician: _____

Cellular Telephone: _____

Work Telephone: _____

Please answer the following questions:

1. Age: _____ Height: _____ Weight: _____

2. What injury or condition brings you here today? _____

3. When did this problem begin? _____

4. Have you received treatment for this problem? Yes No

5. Have you recently had any of the following tests: (If yes, check all that apply)

- | | | | |
|----------------------------------|--------------------------------------|--------------------------------------|---|
| <input type="checkbox"/> X-rays | <input type="checkbox"/> Myelogram | <input type="checkbox"/> EMG/NCS | <input type="checkbox"/> Doppler Study |
| <input type="checkbox"/> CT Scan | <input type="checkbox"/> Bone Scan | <input type="checkbox"/> Blood Tests | <input type="checkbox"/> Pulmonary Functions Test |
| <input type="checkbox"/> MRI | <input type="checkbox"/> Stress Test | <input type="checkbox"/> EKG | <input type="checkbox"/> Other |

If yes please explain: _____

6. Have you had broken bones, surgery or been hospitalized in the past? (If yes, please list)

| Reason: | Date: |
|---------|-------|
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| | |

7. Are you pregnant or think you might be pregnant? Yes No

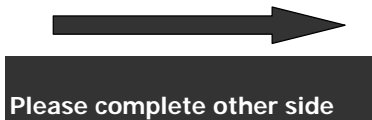
8. Do you have any allergies? Yes No

Please list any allergies that you have (i.e.: medicines, latex, bee stings):

9. Do you smoke? Yes No If yes, how much? _____

Would you like information on a program to stop smoking? Yes No

10. Have you experienced any slips and/or falls in the the past 6 months? Yes No



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11. Do you take any medications?

| | |
|-----|----|
| Yes | No |
|-----|----|

Please list any prescription or non-prescription drugs (i.e. herbal supplements) you are presently taking:

| Medicine and reason for taking | Medicine and reason for taking |
|--------------------------------|--------------------------------|
| | |
| | |
| | |

12. **Have you recently had:**

For Therapist's Use Only:

| | | |
|------------------------------------|-----|----|
| Fever/Chills/Sweats | Yes | No |
| Repeated Infections | Yes | No |
| Recent Weight Gain/Loss | Yes | No |
| Nausea/Vomiting | Yes | No |
| Numbness/Tingling | Yes | No |
| Weakness in your Arms/Legs | Yes | No |
| Chest Pain/Heart Palpitations | Yes | No |
| Pacemaker/Defibrillator | Yes | No |
| Shortness of Breath/Cough | Yes | No |
| Dizziness or Loss of Consciousness | Yes | No |
| Chicken Pox | Yes | No |
| Pelvic Inflammatory Disease | Yes | No |
| Trouble with your period | Yes | No |
| Bowel/Bladder Problems | Yes | No |

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13. **Have you been diagnosed with:**

For Therapist's Use Only:

| | | |
|--|-----|----|
| High Blood Pressure/Heart Problems | Yes | No |
| Lung Problems/Tuberculosis | Yes | No |
| Infectious Diseases (ex. HIV, Hepatitis, MRSA) | Yes | No |
| Cancer | Yes | No |
| Kidney/ Liver Problems | Yes | No |
| Arthritis/Osteoporosis | Yes | No |
| Circulatory/Vascular Problems | Yes | No |
| Head Injury | Yes | No |
| Neurological Problems | Yes | No |
| Thyroid Problems | Yes | No |
| Seizures | Yes | No |
| Visual Problems | Yes | No |
| Hearing Problems | Yes | No |
| Diabetes | Yes | No |

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14. Do you:

- a. Have difficulty sleeping?
- b. Feel unsafe or afraid in your home?
- c. Avoid activities or people that remind you of your accident or injury?
- d. During the past month have you often been bothered by feeling down, depressed or hopeless?
- e. During the past month have you often been bothered by little interest or pleasure in doing things?

| | |
|-----|----|
| Yes | No |
| Yes | No |
| Yes | No |
| Yes | No |

| | |
|-----|----|
| Yes | No |
|-----|----|

15. How do you learn best? Demonstration Visual Written Combination

16. What are your goals for physical therapy? _____

Patient's Signature: _____

Date: _____

Therapist's Signature: _____

Date: _____