



MassGeneral Hospital
for Children™

Pediatric Sedation

SEDATION ANESTHESIA

DAY BEFORE THE TEST

- Infants should have their last formula or food 6 hours before the exam.
- Breast fed infants will need to have their last feeding 4 hours before the exam. They may have clear liquids such as water, apple juice or Pedialyte up to 2 hours prior to the exam.
- Children up to age 15 should not have solid food. This includes milk or orange juice for 6 hours before the exam. They may have clear liquids such as water, apple juice or Pedialyte up to 2 hours prior to the exam.

WHERE TO CHECK IN

- Please arrive at **Ellison 2 for Pediatric Radiology**.

WHAT TO WEAR AND BRING

- Your infant/child should wear loose clothing.
- If scheduled for an MRI, the clothing should have no **metal**, this includes snaps, zippers and buckles.
- Please bring a change of clothing and diapers for those children not potty-trained.
- Please bring formula, a favorite cup or pacifier if needed. If they have allergies, bring their special food.

WHO TO BRING

- We request at least one parent or legal guardian accompany the infant/child.
- We ask that you do not bring other siblings, since this can add to the child's anxiety and there will be a recovery time after the procedure of 1-3 hours.

WHAT MEDICATIONS TO GIVE

- If your infant/child takes medications on a regular basis, consult your pediatrician about giving them prior to the exam.

WHAT TO EXPECT

- Preparation for sedation is about 1 hour.
- The exams vary in length, for an MRI the exam is 1 to 1-1/2 hours. A CT scan takes about 15-30 minutes. A Bone scan takes about 30-90 minutes. A PT scan takes about 30-60 minutes.

HOW LONG YOU WILL STAY

- The whole process will take between 2-5 hours.
- A parent or guardian will need to stay during this time.

WHEN TO CALL

- If your child has a cold, fever or the flu the morning of your appointment, please call the Pediatric Scheduler at 617-724-7915 or the Pediatric Nurse Coordinator at 617-724-2239 to reschedule your child's appointment.

Patient Information



MASSACHUSETTS
GENERAL HOSPITAL

Department of Pediatric Radiology
www.massgeneralimaging.org

