

Pain Relief Connection

The Pain Information Newsletter

Provided by MGH Cares About Pain Relief



Archived issues are available at <http://www.MassGeneral.org/PainRelief>

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In the News

- SAMHSA (Substance Abuse & Mental Health Services Administration) issued an [Action Alert](#) about a fentanyl-heroin street drug mix causing overdoses and deaths. Inform your public health and emergency medicine providers.
- FDA approves [Shingles Vaccine](#) recommended for those 60 years of age and older.
- [New Perspectives in Chronic Pain](#) : An Expert Interview With Perry G. Fine, MD discusses results presented at Annual Scientific Meeting of the American Pain.
- ASPMN (American Society for Pain Management Nursing) issued 2 Position Papers for assessing and treating pain in difficult populations:
 - [Authorized and Unauthorized \("PCA by Proxy"\) Dosing of Analgesic Infusion Pumps](#)
 - [Pain Assessment in the Non-verbal Patient](#) with clinical practical recommendations.

Pain and Age

- Anand, KS [Fetal pain?](#) *Pain Clinical Updates* 2006 Jun 14(2) [O]
- Anderson BJ, Palmer GM. [Recent developments in the pharmacological management of pain in children](#) *Current Opinion in Anaesthesiology*. 2006 Jun;19(3):285-292. [M]
- Doyle L. Colletti JE. Pediatric procedural sedation and analgesia [Pediatric Clinics of North America](#). 2006 Apr; 53(2): 279-92. [M]
- Two articles on Pain in Older Adults from the National Pain Foundation:
 - [Ten myths related to pain as you age](#) [O]
 - [Disparities in pain relief in older adults](#) [O]

Complementary and Alternative Medicine

- Brian, A. [Painful diabetic neuropathy: Alternative treatments](#) *Pharmacy Times* May [O]
- Nainis, J et al. [Relieving symptoms in cancer: Innovative use of art therapy](#) *Journal of Pain and Symptom Management*, 2006 Feb 31(2): 162-169. [M]
- Tracy S et al. [Translating best practice in nondrug postoperative pain management](#) *Nurs Res*. 2006 Mar-Apr;55(2 Suppl):S57-67. [M]
- Two Cochrane Systematic Reviews (select 'EBM Topic Review' to see the full article):
 - [Music for pain relief](#) Evaluates the effect of music on acute, chronic or cancer pain intensity, pain relief, and analgesic requirements. [M]
 - [Herbal medicine for low back pain](#) [M]

Journal Watch ([M] = full text free access on MGH computers; [O] = open access; [R] = free registration required)

- The May issue of *Physical Medicine & Rehabilitation Clinics of North America* focuses on Pain Rehabilitation. Read a [Preview of articles](#) or look at the [Table of contents](#).

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- Adams N. Poole H. Richardson C. [Psychological approaches to chronic pain management: Part 1](#) *Journal of Clinical Nursing*. 2006 Mar; 15(3): 290-300 [M]
- Argoff, CE et al [Diabetic peripheral neuropathic pain : clinical and quality of life issues](#). Consensus Guidelines: Assessment, Diagnosis, and Treatment. *Mayo Clin Proc* 2006 Apr;81(4 Suppl):S3-11. [M]
- [Chanques, G.](#) et al. Impact of systematic evaluation of pain and agitation in an intensive care unit. *Critical Care Medicine*. 34(6):1691-9, 2006 Jun.and [Comment](#) [M]
- De Pinto M. et al. Pain management. *Anesthesiology Clinics of North America*. 2006 Mar; 24(1): 19-37. treatments for moderate to severe pain in patients at the end of life. [M]
- Dihle , A et al. [The Gap between Saying and Doing in Postoperative Pain Management](#) *Journal of Clinical Nursing*. 2006 Apr; 15(4): 469-79.[M]
- Dunlop RJ. Bennett KC. [Pain management for sickle cell disease](#) *Cochrane Database of Systematic Reviews*. [M]
- Halliday, AB. [Shades of sedation](#) : Learning about Moderate Sedation and Analgesia. *Nursing*. 2006 Apr; 36(4): 36-42. [M]
- Hwang, U et al. [The Effect of Emergency Department Crowding on the Management of Pain in Older Adults](#) *J Amer Ger Soc*. 2006 Feb; 54(2): 270-5. [M]
- Tracy S et al. [Translating best practice in nondrug postoperative pain management](#) *Nurs Res*. 2006 Mar-Apr;55(2 Suppl):S57-67. [M]

Pain Education on the web [CME-Physicians; CNE-Nurses; CPE-Pharmacists; R-free registration required]

- [Three articles](#) on Advances in Pharmacologic treatment of chronic and breakthrough pain, in Neuropathic pain and Pediatric pain highlights of 25th Annual Scientific Meeting of American Pain Society [CME; CNE; CPE; R]
- New CME courses from Topix:
 - [FDA Safety Changes for Naprosyn Anaprox](#) [CME; CNE]
 - [Rapid-Onset Opioids](#) [CME; CNE; CPE]
 - [Fibromyalgia](#) [CME]
 - [Corticosteroid Injections for Painful Shoulders](#) [CME]

Pain Resources on the Web

- [Medications & Chronic Pain: Supplement 2006](#) from American Chronic Pain Association (ACPA) provides updated information on drugs used in chronic pain management with their potential side effects. Covers opioid, non- opioid, and adjunctive modalities. Invaluable reference for all healthcare professionals.
- New online publication from Pain Treatment Topix – [e-Briefing Spring 2006.pdf](#) . This first issue includes Methadone analgesia dosing, Methadone-Drug interaction, Tapering opioids, and event calendar
- Topix added 12 [Systematic Reviews](#) on Acute, Chronic, Cancer, Headache, Musculoskeletal and Pediatric Pain.

Pain-Related Education Opportunities

- Jul 20-23 (Thu-Sun) [2nd National Pain Educators Forum for Healthcare Professionals](#) Philadelphia
- Aug 26-30 (Sat-Wed) [Intensive Review of the Specialty of Pain Medicine](#). Chicago. Preparation for certifying exams of American Board of Anesthesiology subspecialty in Pain Management and American Board of Pain
- Sep 7-10 (Thu-Sun) [Annual Clinical Meeting of the American Academy of Pain Management](#) Orlando
- Sep 29 – Oct 1 (Fri – Sun) [Regional Anesthesia & Pain Medicine Hands-on Workshop](#), Toronto
- Oct 7 (Sat) [Pain Management for Non-Pain Specialist](#) Harvard Medical School CME CE

MGH Pain Calendar

- Sep 13&15 (Wed & Fri - 2 day course) [Care of the Patient at the End of Life](#). To register: 617-726-3111 [CNE]
- *Chronic Pain Rounds are held Mondays at 12:00N in the Clinics 3 amphitheatre.*
- *Cancer Pain Rounds are held Wednesdays at 12:00N in the Cox 8 Conference Room.*
- *Palliative Care Grand Rounds are held Wednesdays at 8:00am in the Ether Dome*

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MGH Pain Resources:

PainRelief web site: <http://www.massgeneral.org/painrelief/>

Previous issues of *Pain Relief Connection*: <http://www.massgeneral.org/painrelief/Newsletter>

Previous Pain Topics articles: http://www.massgeneral.org/painrelief/Pain%20Topics/mghpain_paintopics_index.htm

Patient Care Services Pain Resource Center: http://www.massgeneral.org/pcs/Secure/Clinical_Resources/Pain_Resources.asp

CCPD educational offerings: http://www.massgeneral.org/pcs/CCPD/Educational_Offerings/cpd_offerings_calendar.asp

Treadwell Library (Magic): <http://magic.mgh.harvard.edu/>

MGH Formulary (includes patient teaching handouts in 16 languages): <http://www.crlonline.com/crlsql/servlet/crlonline>

Partners Handbook: <http://is.partners.org/handbook/>

Primary Care Office InSite (PCOI) (Clinician and patient information): http://oi.mgh.harvard.edu/pcoi/frontpage_frames.asp

MESAC intranet site: <http://intranet.massgeneral.org/mesac/index.htm>

MGH Safety reporting System: <http://safety.massgeneral.org/>

URL notes: **Hold your cursor over the link for a second to see the URL.** If you are reading this in hard copy, this month's links are:

Fentanyl-heroin drug mix: <http://www.samhsa.gov/news/newsreleases/060806drugcombo.htm>

Shingles: <http://www.healthday.com/view.cfm?id=532955>

Fine interview: <http://www.medscape.com/viewarticle/532790>

PCA by Proxy: http://www.aspmn.org/Organization/documents/PCABYProxy-final-EW_004.pdf

NonVerbal Patient: <http://www.aspmn.org/Organization/documents/PainAssessmentintheNon-VerbalPatientFINAL.pdf>

Fetal Pain: <http://www.iasp-pain.org/PCU06-2.pdf>

Pain in Children: <http://gateway.ovid.com/ovidweb.cgi?T=JS&NEWS=N&PAGE=fulltext&AN=00001503-200606000-00011&LSLINK=80&D=ovft>

Ten myths: http://www.nationalpainfoundation.org/MyTreatment/News_PainAndTheOlderAdult.asp

Disparities in Aging: http://www.nationalpainfoundation.org/MyTreatment/MyTreatment_DisparitiesInPain_Age.asp

Diabetic neuropathy: <http://www.pharmacytimes.com/Article.cfm?Menu=1&ID=3522>

Art therapy: doi: 10.1016/j.jpainsymman.2005.07.006

Postop pain: <http://gateway.ovid.com/ovidweb.cgi?T=JS&NEWS=N&PAGE=fulltext&AN=00006199-200603001-00010&LSLINK=80&D=ovft>

Music: <http://gateway.ovid.com/ovidweb.cgi?T=JS&NEWS=N&PAGE=fulltext&AN=00075320-100000000-03885&LSLINK=450&D=coch>

Herbal: <http://gateway.ovid.com/ovidweb.cgi?T=JS&NEWS=N&PAGE=fulltext&AN=00075320-100000000-03419&LSLINK=80&D=coch>

Pain rehab: <http://www.pmr.theclinics.com/article/PIIS1047965105001221/fulltext>

http://www.pmr.theclinics.com/issues/contents?issue_key=TOC@@JOURNALS@PMC@0017@0002

Chanques: <http://gateway.ovid.com/ovidweb.cgi?T=JS&NEWS=N&PAGE=fulltext&AN=00003246-200606000-00017&LSLINK=80&D=ovft> and

<http://gateway.ovid.com/ovidweb.cgi?T=JS&NEWS=N&PAGE=fulltext&AN=00003246-200606000-00049&LSLINK=80&D=ovft>

ACPA supplement: <http://www.theacpa.org/documents/ACPA%20Meds%202006.pdf>.

Topix eBriefing: [e-Briefing_Spring_2006.pdf](http://www.pain-topics.com/guidelines_reports/index3.php)

Topix Reviews: http://www.pain-topics.com/guidelines_reports/index3.php

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