

# Pain Relief Connection

The Pain Information Newsletter

Provided by MGH Cares About Pain Relief



Archived issues are available at <http://www.MassGeneral.org/PainRelief>

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## In the News

[Treating Migraines Without Painkillers](#)—an ABC news report.

## Safety note

- MGH has launched a new online [Safety Reporting System](#) that replaces the hand-written incident report form. Safety issues of any kind can be reported confidentially on the System.
- The latest issue of [ISMP Nurse Advise-ERR](#) (March 2006) has an article on misuse of a PCA pump by a patient.

## Complementary & Alternative Medicine

Hankey A. CAM and the Phenomenology of Pain. *Evidence-based Complementary and Alternative Medicine* [O] 2006;3(1): 139-141

## Pain in Children

- Tsao JCI. CAM for Pediatric Pain: What is State-of-the-Research? *Evidence-based Complementary and Alternative Medicine* [O] 2006;3(1):143-144
- The Hospice and Palliative Nurses Association ([HPNA](#)) offers a member discount on the new book [Pediatric Pain and Symptom Management Algorithms for Palliative Care](#).

## Pain & Addictive Illness

- Lusher J, et al. Analgesic addiction and pseudoaddiction in painful chronic illness. *Clinical Journal of Pain* [M]. 2006 Mar-Apr;22(3):316-24.

## Pain and Art

Collen M. [Life of Pain, Life of Pleasure: Pain from the Patients' Perspective - The Evolution of the PAIN Exhibit](#). *Journal of Pain & Palliative Care Pharmacotherapy*. 2005;19(4):45-52.

## Other Resources

- The Hospice and Palliative Nurses Association ([HPNA](#)) offers a member discount on its [publications](#).
- The *Oxford Textbook of Palliative Nursing*, 2<sup>nd</sup> Ed. Has recently been published. Editors Betty Ferrell & Nessa Coyle are donating royalties to the Hospice & Palliative Nurses Foundation. [HPNA](#) members receive a discount.

## Journal Watch

 ([M] = full text free access on MGH computers; [O] = open access; [R] = free registration required)

- Griffie J, et al. Difficult cases in pain management: use of methadone in a multifactorial approach. *Clinical Journal of Oncology Nursing* [M] 2006 Feb;10(1):45-9.
- Frese A, et al. Pharmacologic treatment of central post-stroke pain. *Clinical Journal of Pain*. [M] 2006 Mar-Apr;22(3):252-60.

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- Ten Klooster PM, et al. Patient-perceived satisfactory improvement (PPSI): Interpreting meaningful change in pain from the patient's perspective. *Pain* [M] 2006 Mar;121(1-2):151-7.
- Dunn KM, Croft PR. The importance of symptom duration in determining prognosis. *Pain* [M] 2006 Mar;121(1-2):126-32.
- The March issue of *Anesthesiology Clinics of North America* [M] [2006 Mar;24(1)] is devoted to palliative care. The article on non-pain symptom management was written by MGH & Dana-Farber palliative care clinicians. An extensive review of pain management in palliative care is also presented: De Pinto M, et al. Pain management. *Anesthesiology Clinics of North America* [M] 2006 Mar;24(1):19-37.
- Wilson JF. The Pain Divide between Men and Women. *Annals of Internal Medicine* [M] 21 Mar 2006;144(6): 461-464.
- Vaurio LE, et al. Postoperative delirium: the importance of pain and pain management. *Anesthesia & Analgesia* [M] Apr 2006;102(4):1267-73.

### **Pain Education on the web** [CME-Physicians; CNE-Nurses; CPE-Pharmacists; R-free registration required]

- [Management of chronic nonmalignant pain](#) (CPE) [R]
- [Determining the Risk of Opioid Abuse](#). (CME; CNE; CPE) [R]

### **Pain Resources on the Web**

- [The Oxford Pain Internet Site](#)
- [Evidence-Based Medicine](#)—use search function. Articles free after one year.
- [Chronic Pain Network](#). Industry-sponsored site with continuing education and tools.
- [P & T Digest](#) issue on pain management.
- [APS Bulletin](#)—quarterly newsletter of the American Pain Society. Previous year available free.
- [BMC Palliative Care](#) [O]

### **Pain-Related Education Opportunities**

- Apr 5 (Wed) 1:30pm – 4:00pm [Pain Management at the End of Life: Bridging the Gap Between Knowledge & Practice](#). Satellite broadcast sponsored by Hospice Foundation of America. Continuing education units available for physicians, nurses, pharmacists, and social workers. Click on [link](#) to find a viewing location.
- Apr 6 (Thu) 3:30 – 5:00pm [Unequal Burdens & Unheard Voices: Making the Case for Disparities in Pain Care](#). Carmen R. Green, MD. Wolff Auditorium, Tufts-New England Medical Center.
- Apr 7 – 8 (Fri – Sat) [American Conference on Pain Management](#). New York City; tuition reduced to \$95 for trainees. CME
- Apr 12 (Wed) 12:30pm – 4:00pm [Beyond Standards and Guidelines: Optimizing Access to Opioids](#). MassPI Spring Meeting. **Free program, lunch & CE if registered by Apr 7:** Jennifer Cruickshank at [jennifer.cruickshank@cancer.org](mailto:jennifer.cruickshank@cancer.org) or 617-878-4133). CNE/CPE
- Apr 22 – 23 (Sat – Sun) [Opioid Certification Conference](#) - Opioid Management Society (Boston)
- May 11 –12 (Thu – Fri) Brigham and Women's Hospital's Fifth Annual **Pain Management Conference**. Four Points Sheraton Norwood Hotel. To register call 617-525-7531 or email [jnee@partners.org](mailto:jnee@partners.org).
- June 25 – 29 (Sun – Thu) [7<sup>th</sup> International Symposium on Pediatric Pain](#). Vancouver
- The [EPEC](#) (Education in Palliative and End-of-Life care) curriculum has been revised and is available online. There are 3 pain-related modules available for \$30 each and awarding 1 CME for each. <http://epec.net/EPEC/webpages/index.cfm>
- [Master of Science in Pain Research, Education, and Policy](#), and [Certificate of Advanced Study in Pain Topics](#); Tufts University Medical School. An interdisciplinary postgraduate program. For info call 617-636-8541 or e-mail [jconnolly@tufts-NEMC.org](mailto:jconnolly@tufts-NEMC.org). (<http://www.tufts.edu/med/prep/>)
- [Coordinating Care at the End of Life: The Role of Hospice](#). The [American Hospice Foundation](#) announces a new electronic (CD-ROM) CE course with contact hours for nurses, social workers and case managers. Contact Marsha Nelson, at 202-223-0204, Ext. 206 or [mnelson@americanhospice.org](mailto:mnelson@americanhospice.org). (<http://www.americanhospice.org/news/SelfStudy.htm>)

### **MGH Pain Calendar**

- Apr 13 (Thu) 11:00am – 12:00N **Coping with Cancer Pain** (for patients and families), featuring Tom Quinn, MSN, RN, Pain Clinical Nurse Specialist. Cancer Resource Room, Cox 1<sup>st</sup> floor. Sponsored by HOPES Program.
- **Chronic Pain Rounds are held Mondays at 12:00N in the Clinics 3 amphitheatre.**
- **Cancer Pain Rounds are held Wednesdays at 12:00N in the Cox 8 Conference Room.**
- **Palliative Care Grand Rounds are held Wednesdays at 8:00am in the Ether Dome**

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**MGH Pain Resources:**

PainRelief web site: <http://www.massgeneral.org/painrelief/>

Previous issues of *Pain Relief Connection*: <http://www.massgeneral.org/painrelief/Newsletter>

Previous Pain Topics articles: [http://www.massgeneral.org/painrelief/Pain%20Topics/mghpain\\_paintopics\\_index.htm](http://www.massgeneral.org/painrelief/Pain%20Topics/mghpain_paintopics_index.htm)

Patient Care Services Pain Resource Center: [http://www.massgeneral.org/pcs/Secure/Clinical\\_Resources/Pain\\_Resources.asp](http://www.massgeneral.org/pcs/Secure/Clinical_Resources/Pain_Resources.asp)

CCPD educational offerings: [http://www.massgeneral.org/pcs/CCPD/Educational\\_Offerings/cpd\\_offerings\\_calendar.asp](http://www.massgeneral.org/pcs/CCPD/Educational_Offerings/cpd_offerings_calendar.asp)

Treadwell Library (Magic): <http://magic.mgh.harvard.edu/>

MGH Formulary (includes patient teaching handouts in 16 languages): <http://www.crlonline.com/crlsql/servlet/crlonline>

Partners Handbook: <http://is.partners.org/handbook/>

Primary Care Office InSite (PCOI) (Clinician and patient information): [http://oi.mgh.harvard.edu/pcoi/frontpage\\_frames.asp](http://oi.mgh.harvard.edu/pcoi/frontpage_frames.asp)

MESAC intranet site: <http://intranet.massgeneral.org/mesac/index.htm>

MGH Safety reporting System: <http://safety.massgeneral.org/>

URL notes: **Hold your cursor over the link for a second to see the URL.** If you are reading this in hard copy, this month's links are:

Migraines: <http://www.tufts.edu/med/prep/Events/index.html>

ISMP Nurse Advise-ERR: <http://www.ismp.org/Newsletters/nursing/backissues.asp>

CAM & Phenomenology of pain: <http://ecam.oxfordjournals.org/cgi/content/full/3/1/139>

CAM for pediatric pain: <http://ecam.oxfordjournals.org/cgi/content/full/3/1/143>

HPNA: <http://www.hpna.org/>

PEDIATRIC PAIN AND SYMPTOM MANAGEMENT ALGORITHMS: [http://www.hpna.org/Pub\\_Algorithm\\_PedPain.asp](http://www.hpna.org/Pub_Algorithm_PedPain.asp)

Life of pain: <https://www.haworthpress.com/store/ArticleAbstract.asp?sid=ORKE1R89EASR2GTC0G0R5A8P4FMK7CS3&ID=63667>

Management of chronic nonmalignant pain: [http://drugtopics.digiscrypt.com/presentation/index.cfm?media\\_id=22026](http://drugtopics.digiscrypt.com/presentation/index.cfm?media_id=22026)

Determining Risk of Opioid Abuse: <http://www.emergingsolutionsinpain.com/export/esp/casestudyeval/monograph/index.htm>

The Oxford Pain Internet Site: <http://www.jr2.ox.ac.uk/bandolier/booth/painpag/index>

*Evidence-Based Medicine*: <http://ebm.bmjournals.com/>

Chronic Pain Network: <http://www.chronicpainnetwork.com/>

*P & T Digest* : [http://www.ptcommunity.com/ptdigest/0512\\_PTD\\_pain/PTD\\_pain\\_PT.pdf](http://www.ptcommunity.com/ptdigest/0512_PTD_pain/PTD_pain_PT.pdf)

*APS Bulletin*: <http://www.ampainsoc.org/pub/bulletin/index.htm>

*BMC Palliative Care* : <http://freemedicaljournals.com/link3.php?id=2897>

Pain management end of life broadcast: <http://www.hospicefoundation.org/teleconference/>

Unequal burdens: <http://www.tufts.edu/med/prep/Events/index.html>

American Conference on Pain Management: <http://www.iasmconference.org/pain2006/agenda.asp>

Beyond Standards and Guidelines: Optimizing Access to Opioids: [http://www.massgeneral.org/painrelief/MassPI\\_041206.pdf](http://www.massgeneral.org/painrelief/MassPI_041206.pdf)

Opioid Certification Conference: <http://www.opioidmanagementsociety.org/>

International Symposium on Pediatric Pain: <http://www.ispp2006.com/>

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