

Pain Relief Connection

The Pain Information Newsletter

Provided by MGH Cares About Pain Relief



Archived issues are available at <http://www.MassGeneral.org/PainRelief>

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In the News

- A new pain-related journal has been launched: [Journal of Opioid Management](#).
- “[Double The Pain](#)”—article in [ScienCentralNews](#) on MGH’s Anne Louise Oaklander and her research on nerve damage that causes pain on the side of the body opposite the injury: so-called “mirror-image pain.”
- U.S. Representative Stephen Lynch (D-South Boston) has introduced a [bill](#) in Congress to ban OxyContin.

Patient Resources

- [Nerve blocks](#): article on [MediciNet.com](#).
- New effort by the pharmaceutical industry to assist patients who can’t afford their brand-name prescriptions: [Partnership for Prescription Assistance](#). Merck has announced it’s own program for the uninsured: [Merck Prescription Discount Program](#).
- ABC News series May 7-14, [The Fight Against Pain](#): Complete Coverage List.
- *USA Today* series May 9-12, [Chronic Pain: The Enemy within](#). Nominal fee per article.
- “[Finding relief for chronic pain](#)” in the Harvard Pilgrim HealthCare magazine for patients, *Your Health*.

Journal Watch ([M] = full text free access on MGH computers; [O] = open access; [R] = free registration required)

- Janjan NA. Do We Need to Improve Pain Management in the Radiation Oncology Department? *Nature Clinical Practice Oncology*. [R] 2005; 2 (3): 130-131. Available free [online](#).
- Gourlay DL; Heit HA. [Universal Precautions in Pain Medicine: The Treatment of Chronic Pain With or Without the Disease of Addiction](#). *Medscape Neurology & Neurosurgery*. [R] 2005; 7(1).
- Fischer L, et al. [Current Use of Nonsteroidal Antiinflammatory Drugs and the Risk of Acute Myocardial Infarction](#). *Pharmacotherapy* [R] 2005;25(4):503-510.
- Ballantyne JC & Carwood CM. Comparative efficacy of epidural, subarachnoid, and intracerebroventricular opioids in patients with pain due to cancer. *The Cochrane Database of Systematic Reviews*. [M] Vol 2, 2005 (Review completed 11/04).
- Plaisance L. [Is your patient's cancer pain under control?](#) *Nursing2005*; May 2005;35(5):52-55.
- Hampton T. When Shingles Wanes But Pain Does Not; *JAMA*; [M] May 25, 2005;293(20):2459-2460.

Online Resources

The National Comprehensive Cancer Network ([NCCN](#)) has updated their clinical practice guidelines for [Adult Cancer Pain](#) and introduced new guidelines for [Pediatric Cancer Pain](#).

Pain Education on the Web

- [Johns Hopkins Pain Management Grand Rounds](#). Thirteen 1-hour CME sessions on a wide variety of pain-related issues. [CME]
- [Pain: Current Understanding of Assessment, Management, and Treatments](#). 6 contact hours. [CNE]

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617-726-0746 (Phone) • 617-724-8693 (Fax) • PainRelief@Partners.org • <http://www.MassGeneral.org/PainRelief>

To be added to or removed from the *Pain Relief Connection* mailing list, send an email to PainRelief@Partners.org

Pain-Related Education Opportunities

- June 11 (Sat) [Pediatric Drugs Course](#). Hospital for Sick Children, Toronto. Includes 2 sessions on pain management.
- June 22 – 26 (Wed – Sun) [Principles and Practice of Pain Medicine](#). Harvard Medical School CME. Boston
- July 7 – 9 (Thu – Sat) [Medicine and Compassion: A Special Program on Expanding Compassion in Practice and Medical Training](#). Featuring Chokyi Nyima Rinpoche, author of *Medicine and Compassion* and internationally known teacher of Tibetan Buddhist philosophy. Harvard School of Public Health.
- Oct 6-8 (Thu – Sat) [Chicago Supportive Oncology Conference](#).
<http://www.chicagosupportiveoncology.com/App/homepage.cfm?moduleid=2350&appname=100443>
- The [EPEC](#) (Education in Palliative and End-of-Life care) curriculum has been revised and is available online. There are 3 pain-related modules available for \$30 each and awarding 1 CME for each. <http://epec.net/EPEC/webpages/index.cfm>
- [Master of Science in Pain Research, Education, and Policy](#), Tufts University Medical School. An interdisciplinary postgraduate program. For info call 617-636-8541 or e-mail jconnolly@tufts-NEMC.org. (<http://www.tufts.edu/med/prep/>)
- [Coordinating Care at the End of Life: The Role of Hospice](#). The [American Hospice Foundation](#) announces a new electronic (CD-ROM) CE course with contact hours for nurses, social workers and case managers. Contact Marsha Nelson, at 202-223-0204, Ext. 206 or mnelson@americanhospice.org. (<http://www.americanhospice.org/news/SelfStudy.htm>)

MGH Pain Calendar

- June 9 (Thu) 11:00am – 12:00N **Coping with Cancer Pain** (for patients and families), featuring Annabel Edwards, ANP, Cancer Pain Team Nurse Practitioner. Cancer Resource Room, Cox 1st floor. Sponsored by HOPES Program.
- *Chronic Pain Rounds are held Mondays at 12:00N in the Clinics 3 amphitheatre.*
- *Cancer Pain Rounds are held Wednesdays at 12:00N in the Cox 8 Conference Room.*
- *Palliative Care Grand Rounds are held Wednesdays at 8:00am in the Ether Dome*

MGH Pain Resources:

PainRelief web site: <http://www.massgeneral.org/painrelief/>

Previous issues of *Pain Relief Connection*: <http://www.massgeneral.org/painrelief/Newsletter>

Previous Pain Topics articles: http://www.massgeneral.org/painrelief/Pain%20Topics/mghpain_paintopics_index.htm

Patient Care Services Pain Resource Center: http://pcs.mgh.harvard.edu/Secure/Clinical_Resources/Pain_Resources.asp

CCPD educational offerings: http://pcs.mgh.harvard.edu/CCPD/Educational_Offerings/cpd_offerings_calendar.asp

Treadwell Library (Magic): <http://magic.mgh.harvard.edu/>

MGH Formulary (includes patient teaching handouts in 16 languages): <http://www.crlonline.com/crlsql/servlet/crlonline>

Partners Handbook: <http://is.partners.org/handbook/>

Primary Care Office InSite (PCOI) (Clinician and patient information): http://oi.mgh.harvard.edu/pcoi/frontpage_frames.asp

URL notes: **Hold your cursor over the link for a second to see the URL.** If you are reading this in hard copy, this month's links are:

Journal of Opioid Management: <http://www.opioidmanagement.com/>

Double the Pain: http://www.sciencentral.com/articles/view.php3?article_id=218392543&cat=1_4

ScienCentralNews: <http://www.sciencentral.com/index.php3>

Rep. Stephen Lynch's bill: <http://www.govtrack.us/congress/billtext.xpd?bill=h109-2195>

Nerve blocks: http://www.medicinenet.com/nerve_blocks/article.htm

MediciNet.com: <http://www.medicinenet.com/script/main/hp.asp>

Partnership for Prescription Assistance: <https://www.pparx.org/>

Merck Prescription Discount Program: http://www.merckhelps.com/uninsured/?ecmp_id=3093929&t=L0030

The fight Against Pain (ABC): <http://abcnews.go.com/Health/story?id=724684>

Chronic pain: The enemy within (USA Today): <http://tinyurl.com/8dvdn>

Finding relief from chronic pain:

http://www.harvardpilgrim.org/portal/page?_pageid=213,38389&_dad=portal&_schema=PORTAL

Pain management in radiation oncology: <http://www.medscape.com/viewarticle/502422>

Universal Precautions in Pain Medicine: <http://www.medscape.com/viewarticle/503596?src=mp>

NSAIDs and the risk of myocardial infarction: <http://www.medscape.com/viewarticle/503817?src=mp>

Is your patient's cancer pain under control? http://www.nursingcenter.com/library/static.asp?_pageid=282403

NCCN Adult Cancer Pain Guidelines: http://www.nccn.org/professionals/physician_gls/PDF/pain.pdf

NCCN Pediatric Cancer Pain Guidelines: http://www.nccn.org/professionals/physician_gls/PDF/pediatric_pain.pdf

JHU Pain Management Grand Rounds: <http://www.hopkinscme.edu/index.cfm?fuseaction=pmgr.menu>

Pain: Current Understanding: <http://www.npcentral.net/ce/pain/>

Pediatric Drugs Course: <http://www.pretx.org/pdf/pediatric-drugs-course.pdf>

HMS Pain Medicine course: <http://cme.med.harvard.edu/cgi-bin/hmscme.cgi?SECTION=CLASSES&ID=00252424&SO=N>

Medicine and Compassion: <http://www.hsph.harvard.edu/ccpe/programs/compassion.html>

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