

# The Intersection of Pain Management and Addictive Illness: Where Do We Start the Conversation?

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## Resources

### General

Definitions Related to the Use of Opioids for the Treatment of Pain

<http://www.asam.org/pain/definitions2.pdf>

Savage SR, Joranson DE, Covington EC, Schnoll SH, Heit HA, Gilson AM. Definitions related to the medical use of opioids: evolution towards universal agreement. *J Pain Symptom Manage.* 2003 Jul;26(1):655-67.

American Society for Pain Management Nursing Position Statements:

- Pain Management in Patients with Addictive Disease  
<http://www.aspmn.org/pdfs/Addictive%20Disease.pdf>
- Promoting Pain Relief and Preventing Abuse of Pain Medications: A Critical Balancing Act (A Joint Statement of 21 Organizations)  
<http://www.aspmn.org/website/pdfs/A%20JOINT%20STATEMENT%20FROM%2021%20HEALTH%20ORGANIZATIONS.pdf>

Research Eases Concerns About Use of Opioids To Relieve Pain.

"There is a prevailing notion that patients can readily become addicted to opioid medications, but it is not based on scientific evidence." James Zacny, PhD

[http://www.drugabuse.gov/NIDA\\_Notes/NNVol15N1/Research.html](http://www.drugabuse.gov/NIDA_Notes/NNVol15N1/Research.html)

Tolerance, dependence and addiction

From the December ACP *Observer*, copyright © 2004 by the American College of Physicians

<http://www.acponline.org/shell-cgi/printhappy.pl/journals/news/dec04/pain/tolerance.htm>

Wyatt SA, et al. Medical Education in Substance Abuse: From Student to Practicing Osteopathic Physician. *Journal of the American Osteopathic Association.* Jun 2005;105(6 supp 3):18-25.

[http://www.jaoa.org/cgi/reprint/105/6\\_suppl\\_3/S18](http://www.jaoa.org/cgi/reprint/105/6_suppl_3/S18)

Pain and Chemical Dependency Slide Compendium

<http://www.stoppain.org/pcd/content/forpros/compendia.asp>

## Ethics

Sullivan M, Ferrell B. Ethical challenges in the management of chronic nonmalignant pain: negotiating through the cloud of doubt. *Journal of Pain*. 2005 Jan;6(1):2-9.

## Management Strategies

Universal Precautions in Pain Medicine: The Treatment of Chronic Pain With or Without the Disease of Addiction

<http://www.medscape.com/viewarticle/503596>

Federation of State Medical Boards Model Policy for the Use of Controlled Substances for the Treatment of Pain.

[http://www.fsmb.org/pdf/2004\\_grpol\\_Controlled\\_Substances.pdf](http://www.fsmb.org/pdf/2004_grpol_Controlled_Substances.pdf)

Fine P, Portenoy RK: A clinical guide to opioid analgesia. New York: McGraw Hill, 2004. Full text, free access available at

<http://www.stoppain.org/pcd/content/forpros/opioidbook.asp>

Comorbid chronic pain and substance abuse: Guidelines for management.

<http://www.painedu.org/populations-archive.asp?ArticleNumber=4&UserID=0>

## Assessment/Screening/Predicting

Assessing the Risk of Problematic Drug Use

<http://www.stoppain.org/pcd/content/addiction/assessing.asp>

Babor TF & Kadden RM. Screening and Interventions for Alcohol and Drug Problems in Medical Settings: What Works? *Journal of Trauma* Sep 2005;59(3), Supplement:S80-S87

Webster LR. Assessing Abuse Potential in Pain Patients. *Medscape Neurology & Neurosurgery* 2004;6(1)

<http://www.medscape.com/viewarticle/471663>

### SASSI

Lazowski LE, Miller FG, Boye MW, Miller GA. Efficacy of the Substance Abuse Subtle Screening Inventory-3 (SASSI-3) in identifying substance dependence disorders in clinical settings. *Journal of Personality Assessment*. 1998 Aug;71(1):114-28.

<http://www.sassi.com/sassi/index.shtml>

### CAGE-AID

Brown RL, Rounds LA. Conjoint screening questionnaires for alcohol and other drug abuse: criterion validity in a primary care practice.

*Wisconsin Medical Journal*. 1995;94(3):135-40.

<http://www.addictioncentre.ca/pages/edfactsheets.html>

## SOAPP

<http://www.painedu.org/soap.asp>

Butler SF, Budman SH, Fernandez K, Jamison RN. Validation of a screener and opioid assessment measure for patients with chronic pain.

*Pain*. 2004 Nov;112(1-2):65-75.

## SISAP

Coombs RB, Jarry JL. The SISAP: a new screening instrument for identifying potential opioid abusers in the management of chronic nonmalignant pain in general medical practice. *Pain Research and Management* 1996;1:15-162.

## Prescription Drug Use Questionnaire

Compton P, Darakjian J, Mitto K. Screening for addiction in patients with chronic pain and “problematic” substance use: evaluation of a pilot assessment tool. *Journal of Pain and Symptom Management* 1998;16:355-363.

## ORT

Webster LR & Webster RM. Predicting Aberrant Behaviors in Opioid-Treated Patients: Preliminary Evaluation of the Opioid Risk Tool. *Pain Medicine* 2005;6(6):432-442.

## MMPI-2 (Addiction Acknowledgment Scale (AAS) and Addiction Potential Scale (APS))

Greene RL, Weed NC, Butcher JN, Arredondo R, Davis HG. A cross-validation of MMPI-2 substance abuse scales. *Journal of Personality Assessment*. 1992;58:405–410.

# Provider-Patient Opioid Agreements

This statement is excerpted from an Indian Health Board discussion list:

“FYI, there are two words that certified pain specialists avoid when discussing patients with pain. They are *contract* and *narcotic*. Instead, we use the words, *agreement* and *opioid*. The former words are avoided for good reason. I suggest that we start from the beginning with the accepted, professional, nomenclature. Here is the rationale...

If we use the word *contract* on our documents or in our speech, we can be held accountable, under state contract laws, should we fail any of **our** contract responsibilities. Providers who have used *contracts* have been sued, by patients, who have won such contract suits. Provider failure might include such things as not being available 24/7 to write for new opioid fills or to evaluate for new pain onsets. Thus, the American Academy of Pain Management recommends using the term, *agreement*, and not *contract*.”

<http://www.ihs.gov/MedicalPrograms/MCH/M/documents/Opioid83005.doc>

## Heit HA. Creating and Implementing Opioid Agreements

[http://www.jcaremanagement.com/html/pain\\_\\_creating\\_and\\_implementin.html](http://www.jcaremanagement.com/html/pain__creating_and_implementin.html)

## Using an Opioid Contract

<http://www.stoppain.org/pcd/content/addiction/using.asp>

Kulich R. Screening for Chronic Opioid Therapy. *Pain Management Rounds* 2004;1(4)  
[http://www.painmanagementrounds.org/crus/painmgt\\_04.pdf](http://www.painmanagementrounds.org/crus/painmgt_04.pdf)

Passik S & Kirsh. Managing Pain in Patients With Aberrant Drug-Taking Behaviors. *Journal of Supportive Oncology* Jan/Feb 2005;3(1):83-86  
<http://www.supportiveoncology.net/journal/articles/0301083.pdf>

Fine P, Portenoy RK: A clinical guide to opioid analgesia. New York: McGraw Hill, 2004. (Chapter 10, p 96-99) Full text, free access available at  
<http://www.stoppain.org/pcd/content/forpros/opioidbook.asp>

Fishman SM, Kreis PG. The Opioid Contract. *Clinical Journal of Pain*. 18(4) Supplement:S70-S75, July/August 2002. See abstract at link, below:  
<http://www.clinicalpain.com/pt/re/clnjpain/abstract.00002508-200207001-00008.htm;jsessionid=DFWB55eAL8dKw0K1Bhbk4FpDp47jKFr1pRynHg01jQvIaa2PArLz!-943888906!-949856145!9001!-1?index=1&database=ppvovft&results=1&count=10&searchid=1&nav=search>

Patient Medication Management Agreement (PainEDU.org)  
[http://www.painedu.org/Downloads/NIPC/Patient\\_Medication\\_Management\\_Agreement.pdf](http://www.painedu.org/Downloads/NIPC/Patient_Medication_Management_Agreement.pdf)

American Academy of Pain Medicine. Long-term Controlled Substances Therapy for Chronic Pain - Sample Agreement.  
[http://www.painmed.org/productpub/statements/pdfs/controlled\\_substances\\_sample\\_agmt.pdf](http://www.painmed.org/productpub/statements/pdfs/controlled_substances_sample_agmt.pdf)

## Legal/Regulatory Issues

Manchikanti, L, et al. Evolution of The National All Schedules Prescription Electronic Reporting Act (NASPER): A Public Law for Balancing Treatment of Pain and Drug Abuse and Diversion. *Pain Physician* 2005;8;335-347.  
<http://www.painphysicianjournal.com/2005/october/2005;8;335-347.pdf>

Federation of State Medical Boards Model Policy for the Use of Controlled Substances for the Treatment of Pain.  
[http://www.fsmb.org/pdf/2004\\_grpol\\_Controlled\\_Substances.pdf](http://www.fsmb.org/pdf/2004_grpol_Controlled_Substances.pdf)

Legal Side of Pain (a private education and consultation service)  
<http://www.legalsideofpain.com>

Dahl J. How to Reduce Fears of Legal/Regulatory Scrutiny in Managing Pain in Cancer Patients. *Journal of Supportive Oncology* Sep/Oct 2005;3(5):384-388  
<http://www.supportiveoncology.net/journal/articles/0305384.pdf>

Drug Enforcement Administration

<http://www.dea.gov/>

Promoting Pain Relief and Preventing Abuse of Pain Medications: A Critical Balancing Act (A Joint Statement of 21 Organizations)

<http://www.aspmn.org/website/pdfs/A%20JOINT%20STATEMENT%20FROM%2021%20HEALTH%20ORGANIZATIONS.pdf>

## Organizations

National Center on Addiction and Substance Abuse at Columbia University (CASA)

<http://www.casacolumbia.org/absolutenm/templates/article.asp?articleid=287&zoneid=32>

American Academy of Pain Medicine

<http://www.painmed.org/>

American Pain Society

<http://www.ampainsoc.org>

American Society for Pain Management Nursing

<http://www.aspmn.org>

American Society of Addiction Medicine

<http://www.asam.org/>

American Academy of Pain Management

<http://www.aapainmanage.org/index.php>

International Nurses Society on Addictions

<http://www.intnsa.org/>

The 7th International Conference on Pain & Chemical Dependency

<http://www.painandchemicaldependency.org/>

## Special Journal Issues Related to Pain & Addictive Illness

*Clinical Journal of Pain*. Addiction and Pain: Assessment and Treatment Issues. 18(4) Supplement, July/August 2002. [Countway] See Table of Contents at link below:

<http://www.clinicalpain.com/pt/re/clnjpain/toc.00002508-200207000-00000.htm;jsessionid=DNVvdzf1CWVr0Q2CUq2rUCNRdrGatNVJ07ZIXrNObrXknVwPwKFT!-786779307!-949856145!9001!-1>

*Techniques in Regional Anesthesia and Pain Management.* Opiate Addiction, Opiate Diversion and Pain Management. 9(4), Oct 2005. See Table of Contents at link below:  
[http://www.sciencedirect.com/science?\\_ob=IssueURL&\\_tockey=%23TOC%2312942%232005%23999909995%23614173%23FLA%23&\\_auth=y&view=c&\\_acct=C000059584&\\_version=1&\\_urlVersion=0&\\_userid=138264&md5=890eba96d67ba39bb4d65bcf83124f7c](http://www.sciencedirect.com/science?_ob=IssueURL&_tockey=%23TOC%2312942%232005%23999909995%23614173%23FLA%23&_auth=y&view=c&_acct=C000059584&_version=1&_urlVersion=0&_userid=138264&md5=890eba96d67ba39bb4d65bcf83124f7c)

*Nature Neuroscience.* The Neurobiology of Addiction. 8(11), Nov 2005. Free full text available through January 2006. [Also Treadwell/MGH access]  
<http://www.nature.com/neuro/focus/addiction/index.html>

*Journal of Trauma.* Alcohol Problems Among Hospitalized Trauma Patients: Controlling Complications, Mortality, and Trauma Recidivism, in Arlington, Virginia, May 28–30, 2003. 59(3) Supplement, Sep 2005 [not limited to alcohol—addresses other substances subject to abuse]. [Treadwell/MGH access] See Table of Contents at link below:  
<http://www.jtrauma.com/pt/re/jtrauma/toc.00005373-200509001-00000.htm;jsessionid=DNW5lbAXoDG31xGgryOM2kjHbVUBqVVXVTMqRNvK3S2FfGoYYHI8!-786779307!-949856145!9001!-1>

## Federal Government Resources

National Institute on Drug Abuse  
<http://www.nida.nih.gov/>

National Institute on Alcohol Abuse and Alcoholism  
<http://www.niaaa.nih.gov/>  
NIDA for Teens/Ask Dr. NIDA  
<http://www.teens.drugabuse.gov/>

National Cancer Institute  
Substance Abuse Issues In Cancer (from the PDQ resource)  
<http://www.cancer.gov/cancertopics/pdq/supportivecare/substanceabuse/HealthProfessional/page1>

Substance Abuse and Mental Health Services Administration (SAMHSA)  
<http://www.samhsa.gov/>  
National Clearinghouse for Alcohol and Drug Information  
<http://www.ncadi.samhsa.gov/>  
National Survey on Drug Use & Health  
<http://oas.samhsa.gov/nsduh.htm>

Healthfinder  
<http://www.healthfinder.gov/>

Drug Enforcement Administration  
<http://www.dea.gov/>