

## APPENDIX M

### MassGeneral Hospital *for* Children Philosophy Statement

The MassGeneral Hospital *for* Children recognizes that patients of all ages have the right to appropriate assessment and management of pain. Within the MassGeneral Hospital *for* Children the Neonate/Infant/Child/Adolescent (Patient) will experience an optimal level of pain relief and can expect his/her or parents report of pain to be believed, accepted, analyzed (assessed) and acted upon (intervention). The patient and family can expect that they will be part of the planning for effective pain relief and control. The healthcare providers of MassGeneral Hospital *for* Children will be knowledgeable regarding the specialty treatments of pain in children and will be competent in managing pediatric pain relief.

#### STANDARD OF PRACTICE

The health care team will work with the patient and family to assist the patient in maintaining an optimal level of pain relief by providing regular assessments of pain and developing a plan for its management based on these assessments. Using validated assessment tools that are developmentally appropriate for the patient, pain assessment will be part of every child's routine care. The four assessment tools adopted at MassGeneral Hospital for Children are: NPASS, Wong Baker FACES, FLACC, Verbal 0-10.

#### Outcomes:

The patient and family, will (when applicable):

- ◆ Have their pain minimized.
- ◆ Understand pain, pain management and pain prevention measures.
- ◆ Participate in pain management interventions.
- ◆ Indicate the presence and intensity of pain.
- ◆ Expect to have further assessment and intervention if they have a pain score  $\geq 4$ (or equivalent) (using the NPASS, FLACC, FACES or Verbal 1-10 Scale), or if they feel their pain is unacceptable.
- ◆ Understand and acknowledge that it may not be possible to eliminate all pain.
- ◆ Rest/sleep and participate in activities of daily living.