

# Pain Relief Connection

The Pain Information Newsletter

Provided by MGH Cares About Pain Relief



Archived issues are available at <http://www.MassGeneral.org/PainRelief>

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HAPPY NEW YEAR!

December 2005

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## In the News

- [Cleveland Clinic To Lead Large Study On Safety, Efficacy Of COX-2 Inhibitors, OTC Painkillers](#). The largest ever international, multi-institutional study to assess the cardiac risks of celecoxib (Celebrex), ibuprofen, and naproxen will be lead by scientists at the Cleveland Clinic beginning next year.
- [DailyMed](#) is a new searchable online service of the Food & Drug Administration that will be a single source for complete prescribing information. It's not very useful now, because it only contains information on one drug, but bookmark it for future reference as the FDA grows this site.

## Safety Notes

- The [December issue](#) of the *ISMP Nurse Advise-ERR* features an article on the safety issues related to concentrated oral morphine solution.
- A [Medscape news article](#) highlights a *BMJ* article (see below) that questions the GI safety profile of COX-2s.
- [Acetaminophen May Be a Leading Cause of Acute Liver Failure](#).

## Pain in Children

- [Pediatric Pain Letter](#) Vol 7 #23 Dec 2005

## Journal Watch

 ([M] = full text free access on MGH computers; [O] = open access; [R] = free registration required)

- Brandman JF. [Cancer Patients, Opioids, and Driving](#). *Journal of Supportive Oncology* [O] Jul/Aug 2005;3(4):317-320.
- Dahl, J. [How to Reduce Fears of Legal/Regulatory Scrutiny in Managing Pain in Cancer Patients](#). *Journal of Supportive Oncology* [O] Sep/Oct 2005;3(5):384-388.
- [Combination Analgesics](#). *Bandolier Extra* [O] Dec 2005.
- García-Rodríguez, LA, et al. [Long-term use of non-steroidal anti-inflammatory drugs and the risk of myocardial infarction in the general population](#). *BMC Medicine* [O] Nov 2005;3:17.
- Hippisley-Cox, et al. [Risk of adverse gastrointestinal outcomes in patients taking cyclo-oxygenase-2 inhibitors](#) . . . *BMJ* [O] 3 Dec 3, 2005; 331(7528):1310-1316.

## Patient Resources

[Being there: Caring for sick has challenges, rewards](#) by Sam Allis, *Boston Globe* December 11, 2005.

## Pain Education on the web

- [National Center of Continuing Education](#) offers approved nursing contact hours online or via booklet mailed to your home. See online catalog for pain-related courses. (CNE)
- The latest issue of MGH Pain Center's [Pain Management Rounds](#) contains a CME article on Acupuncture in Pain Management. (CME)
- List of (mostly CPE) [pain-related courses](#) from [PowerPak](#).

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- [Opioids and Treatment of Chronic Pain: Understanding Pain Patterns and Role of Rapid-Onset Opioids](#) (CME)
- [Competent Pain Management for Older Patients With Cancer](#) (CNE)
- [Two modules](#) on neuropathic pain, including a 7 CME hours module on painful diabetic neuropathy (**NOTE: CME expires 28 Jan 2006**), and a 2-hour module on more general neuropathic pain.

## Pain Resources on the Web

- [Nursing Management of the Patient with Pain](#). Online 3-credit course for licensed nurses from University of Iowa College of Nursing.
- American Society for Pain Management Nursing [certification preparation products](#).
- [Pain Management Certification](#) (for registered nurses) examination date for 2006: May 20 & Oct 14

## MGH Pain Calendar

- Jan 12 (Thu) 11:00am – 12:00N **Coping with Cancer Pain** (for patients and families), featuring Tom Quinn, MSN, RN, Pain Clinical Nurse Specialist. Cancer Resource Room, Cox 1<sup>st</sup> floor. Sponsored by HOPES Program.
- Jan 18 (Wed) 9:00am – 1:00pm **The Intersection of Pain Management and Addictive Illness: Where Do We Start the Conversation?** CNE, CME. Thier Conference Room. Enrollment limited to 30 MGH & Partners Health Care clinicians.
- Feb 1 (Wed) **Opioid Safety, a Multidisciplinary Imperative**. CNE, CME. Half-day course, Thier Conference Room.
- Mar 13 (Mon) **2<sup>nd</sup> Annual Pain Skills and Knowledge Day**, Thier Conference Room. (Content outlines at [link](#))
- Mar 20 & 22 (Mon/Weds) 2-day **7<sup>th</sup> Annual Pain Relief Champions course**. CNE, CME. Thier Conference Room.
- **Chronic Pain Rounds are held Mondays at 12:00N in the Clinics 3 amphitheatre.**
- **Cancer Pain Rounds are held Wednesdays at 12:00N in the Cox 8 Conference Room.**
- **Palliative Care Grand Rounds are held Wednesdays at 8:00am in the Ether Dome**

### MGH Pain Resources:

PainRelief web site: <http://www.massgeneral.org/painrelief/>

Previous issues of *Pain Relief Connection*: <http://www.massgeneral.org/painrelief/Newsletter>

Previous Pain Topics articles: [http://www.massgeneral.org/painrelief/Pain%20Topics/mghpain\\_paintopics\\_index.htm](http://www.massgeneral.org/painrelief/Pain%20Topics/mghpain_paintopics_index.htm)

Patient Care Services Pain Resource Center: [http://www.massgeneral.org/pcs/Secure/Clinical\\_Resources/Pain\\_Resources.asp](http://www.massgeneral.org/pcs/Secure/Clinical_Resources/Pain_Resources.asp)

CCPD educational offerings: [http://www.massgeneral.org/pcs/CCPD/Educational\\_Offerings/cpd\\_offerings\\_calendar.asp](http://www.massgeneral.org/pcs/CCPD/Educational_Offerings/cpd_offerings_calendar.asp)

Treadwell Library (Magic): <http://magic.mgh.harvard.edu/>

MGH Formulary (includes patient teaching handouts in 16 languages): <http://www.crlonline.com/crlsql/servlet/crlonline>

Partners Handbook: <http://is.partners.org/handbook/>

Primary Care Office InSite (PCOI) (Clinician and patient information): [http://oi.mgh.harvard.edu/pcoi/frontpage\\_frames.asp](http://oi.mgh.harvard.edu/pcoi/frontpage_frames.asp)

URL notes: **Hold your cursor over the link for a second to see the URL.** If you are reading this in hard copy, this month's links are:

Cleveland Clinic COX-2 safety study: <http://www.medicalnewstoday.com/medicalnews.php?newsid=34959>

Daily Med: <http://dailymed.nlm.nih.gov/dailymed/about.cfm>

ISMP Nurse Advise-ERR: <http://www.ismp.org/Newsletters/nursing/backissues.asp>

Acetaminophen and liver failure: <http://www.medscape.com/viewarticle/518380?src=mp>

*Pediatric Pain Letter*: <http://pediatric-pain.ca/ppl/>

*Journal of Supportive Oncology* [O]: <http://www.supportiveoncology.net>

*Bandolier Extra* [O]—Combination analgesics: <http://www.jr2.ox.ac.uk/bandolier/Extraforbando/combo.pdf>

*BMC Medicine* [O]—NSAID cardiac risk: <http://www.biomedcentral.com/1741-7015/3/17>

*BMJ* [O]—COX-2 GI risk: <http://bmj.bmjournals.com/cgi/content/full/331/7528/1310>

“Being There:” [http://www.boston.com/news/local/articles/2005/12/11/being\\_there/](http://www.boston.com/news/local/articles/2005/12/11/being_there/)

Nursing Management of the Patient with Pain: <http://www.nursece.com/>

*Pain Management Rounds*: [http://www.painmanagementrounds.org/cgi-bin/templates/framesets/painManagementRoundsORG/fs\\_snell.cfm](http://www.painmanagementrounds.org/cgi-bin/templates/framesets/painManagementRoundsORG/fs_snell.cfm)

PowerPak pain courses: <http://www.powerpak.com/index.asp?show=topic&topic=9034>

Opioids & Chronic Pain: <http://www.medscape.com/viewprogram/4756?scr=nursecenl>

Pain mgt for elders with cancer: <http://app2.capitalreach.com/esp1204/servlet/tc?c=10170&cn=ons&e=4910&s=20306&&spl=3>

Neuropathic pain modules: [http://www.stoppain.org/for\\_professionals/content/education/elearning.asp](http://www.stoppain.org/for_professionals/content/education/elearning.asp)

University of Iowa Nursing Pain course: <http://www.continuetolearn.uiowa.edu/nursing/096137/>

ASPMN certification products: <http://www.aspmn.org/website/all.php?l=store&w=1024>

ANCC nursing pain certification info: <http://www.nursingworld.org/ancc/certification/exams/examdates.html>

Pain Management & Addictive Illness: [http://www.massgeneral.org/painrelief/pain\\_addictive\\_illness.htm](http://www.massgeneral.org/painrelief/pain_addictive_illness.htm)

Opioid Safety: [http://www.massgeneral.org/painrelief/opioid\\_safety.htm](http://www.massgeneral.org/painrelief/opioid_safety.htm)

Pain Skills & Knowledge Day: [http://www.massgeneral.org/painrelief/skills\\_knowledge\\_day.htm](http://www.massgeneral.org/painrelief/skills_knowledge_day.htm)

Pain Relief Champions course: [http://www.massgeneral.org/painrelief/Pn\\_Rlf\\_Champ\\_course/Pn\\_Relf\\_Champ.htm](http://www.massgeneral.org/painrelief/Pn_Rlf_Champ_course/Pn_Relf_Champ.htm)

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