

Pain Relief Connection

The Pain Information Newsletter

Provided by MGH Cares About Pain Relief



Archived issues are available at <http://www.MassGeneral.org/PainRelief>

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In the News

- The FDA has approved an extended-release version of tramadol. It does not yet have a brand name, but the manufacturer, [Biovail](#), says it expects to release the product in early 2006.
- [Oxford University Press](#) has announced that it is accepting pre-publication orders for the [Oxford Textbook of Palliative Care for Children](#), which is due for release in March 2006.
- An additional generic source for sustained release oxycodone (OxyContin) will soon be available from Watson Pharmaceuticals in 10, 20, 40, and 80 mg tablets. Generics are currently available from Teva Pharmaceuticals (80 mg only) and Endo Pharmaceuticals (10, 20, 40, and 80 mg).
- Study suggests [Pain Affects Black Women More Intensely](#): Black women with chronic pain were more likely than white women to be physically impaired by their pain, and more likely to suffer from depression and post-traumatic stress disorder

Pain in Art

- The covers of the four issues of Vol 19 of the [Journal of Pain and Palliative Care Pharmacotherapy](#) feature artworks depicting the artists' conception of his/her own pain.
- [PainExhibit.com](#) is an educational website of the Chronic Pain Visual Arts Project that displays paintings by people with chronic pain. Themes range from fear and torture to hope and transformation.

Journal Watch

 ([M] = full text free access on MGH computers; [O] = open access; [R] = free registration required)

- Quigley C. [The role of opioids in cancer pain](#). *BMJ* [O] 2005 Oct 8;331(7520):825-9.
- Green R, et al. Early Analgesia for Children With Acute Abdominal Pain. *Pediatrics* [M] Oct 2005;116:978-983
- Pasero C & McCaffery M. No Self-Report Means No Pain-Intensity Rating: Assessing pain in patients who cannot provide a report. *American Journal of Nursing* [M] Oct 2005;105(10):50-53.
- The October issue of *Journal of Pediatric Nursing* [M] 2005;20(5) is devoted to pediatric palliative care.
- Piovesan EJ, et al. An open study of botulinum-A toxin treatment of trigeminal neuralgia. *Neurology* 25 Oct 2005; 65(8):1306-1308

Patient Resources

- [Cancer Pain: Your Guide to Relief](#): a multimedia CD-ROM recommended by the [National Pain Foundation](#).
- [Ouch!](#) Consumer article on chronic pain in *Military Officer* magazine.
- [When Pain Remains](#) *New Yorker* article on RSD/CRPS by Jerome Groopman, MD

Pain Education on the Web

- [The Last Chance for Comfort: An Update on Pain Management at the End of Life](#). [R] CME/CNE/CPE
- [Management of Mild-to-Moderate Osteoarthritic Pain](#). [R] CME/CNE/CPE
- [The Association Between Chronic Pain and Mood and Anxiety Disorders](#). [R] CME/CNE/CPE

MGH Cares About Pain Relief

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To be added to or removed from the *Pain Relief Connection* mailing list, send an email to PainRelief@Partners.org

Pain Resources on the Web

- The monthly online [Newsletter](#) at [Palliative.drugs.com](#) [R], a UK-based resource, has just posted a draft of its new [methadone monograph](#). In addition, it has posted results of its member survey on clinical use of methadone.
- *Nature Reviews Neuroscience* [Focus on Pain](#) (open access articles until Dec. 2005 from the *Nature* journals).

Pain-Related Education Opportunities

- Nov 18 – 19 (Fri – Sat) [Pain Management Strategies for the Primary Care Practitioner](#). NYU Graduate Medical School. 212-263-5295.
- The [EPEC](#) (Education in Palliative and End-of-Life care) curriculum has been revised and is available online. There are 3 pain-related modules available for \$30 each and awarding 1 CME for each. <http://epec.net/EPEC/webpages/index.cfm>
- [Master of Science in Pain Research, Education, and Policy](#), and [Certificate of Advanced Study in Pain Topics](#); Tufts University Medical School. An interdisciplinary postgraduate program. For info call 617-636-8541 or e-mail jconnolly@tufts-NEMC.org. (<http://www.tufts.edu/med/prep/>)
- [Coordinating Care at the End of Life: The Role of Hospice](#). The [American Hospice Foundation](#) announces a new electronic (CD-ROM) CE course with contact hours for nurses, social workers and case managers. Contact Marsha Nelson, at 202-223-0204, Ext. 206 or mnelson@americanhospice.org. (<http://www.americanhospice.org/news/SelfStudy.htm>)

MGH Pain Calendar

- Nov 10 (Thu) 11:00am – 12:00N **Coping with Cancer Pain** (for patients and families), featuring Susan Finn, RN, MSN, Oncology Clinical Nurse Specialist. Cancer Resource Room, Cox 1st floor. Sponsored by HOPES Program.
- Feb 1 (Weds) **Opioid Safety**, CNE, CME. Half-day course, Thier Conference Room. Stay tuned.
- Mar 13 (Mon) **2nd Annual Pain Skills and Knowledge Day**, Thier Conference Room. Stay tuned.
- **NOTE DATE CHANGE:** Mar 20 & 22 (Mon/Weds) 2-day **7th Annual Pain Relief Champions course**. CNE, CME. Thier Conference Room. Stay tuned.
- **Chronic Pain Rounds are held Mondays at 12:00N in the Clinics 3 amphitheatre. Of note:**
 - Nov 21 **Chronic Migraine**—David Biondi, MD
 - Nov 28 **Complementary Therapies for Pain**—Joseph Audette, MD
- **Cancer Pain Rounds are held Wednesdays at 12:00N in the Cox 8 Conference Room. Of note:**
- **Palliative Care Grand Rounds are held Wednesdays at 8:00am in the Ether Dome**

MGH Pain Resources:

PainRelief web site: <http://www.massgeneral.org/painrelief/>

Previous issues of *Pain Relief Connection*: <http://www.massgeneral.org/painrelief/Newsletter>

Previous Pain Topics articles: http://www.massgeneral.org/painrelief/Pain%20Topics/mghpain_paintopics_index.htm

Patient Care Services Pain Resource Center: http://pcs.mgh.harvard.edu/Secure/Clinical_Resources/Pain_Resources.asp

CCPD educational offerings: http://pcs.mgh.harvard.edu/CCPD/Educational_Offerings/cpd_offerings_calendar.asp

Treadwell Library (Magic): <http://magic.mgh.harvard.edu/>

MGH Formulary (includes patient teaching handouts in 16 languages): <http://www.crlonline.com/crlsql/servlet/crlonline>

Partners Handbook: <http://is.partners.org/handbook/>

Primary Care Office InSite (PCOI) (Clinician and patient information): http://oi.mgh.harvard.edu/pcoi/frontpage_frames.asp

URL notes: **Hold your cursor over the link for a second to see the URL.** If you are reading this in hard copy, this month's links are:

Tramadol ER: <http://tinyurl.com/97j95>

Textbook of Palliative care for Children:

<http://www.oup.com/us/catalog/general/subject/Medicine/PalliativeMedicine/?view=usa&ci=0198526539>

Pain & Black women: <http://www.medicinenet.com/script/main/art.asp?articlekey=54988>

Journal of Pain & Palliative Care Pharmacotherapy: <http://www.haworthpress.com/store/pr>

Pain Exhibit: <http://www.painexhibit.com/>

Cancer Pain: Your Guide to Relief: <http://www.healthmarkmultimedia.com/cancerPain/index.html>

Ouch!: http://www.moaa.org/Magazine/October2005/f_ouch.asp

When pain Remains: http://rsds.org/pdf/New%20Yorker_CRPS_2005.pdf

Endorphins: <http://www.medicinenet.com/script/main/art.asp?articlekey=55001>

Chronic pain & fatigue: <http://www.medicinenet.com/script/main/art.asp?articlekey=54326>

Last Chance/End of Life Pain: <http://www.medscape.com/viewprogram/4550?src=mp>

Osteoarthritic pain: <http://www.medscape.com/viewprogram/4582?src=mp>

Chronic pain & mood: <http://www.medscape.com/viewprogram/4582?src=mp>

Nature Focus on Pain: <http://www.nature.com/nrn/focus/pain/index.html>

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