



HARVARD ORAL AND MAXILLOFACIAL SURGERY ASSOCIATES

Guidelines for Patients Receiving Office-based Ambulatory Sedation and General Anesthesia

1. The patient must be seen by the operating surgeon for a pre-operative consultation to evaluate the patient's medical status, examine the patient's oral condition, discuss the indications, risks and fees for surgery, and determine the choice of anesthetic.
2. The patient must not take any solid food or fluids of any kind (NOT EVEN WATER!!!!!!) for at least eight (8) hours prior to your surgery.
3. The patient must be accompanied by a responsible adult who will arrive with the patient, remain with the patient, and drive him/her home or escort the patient to his/her doorstep after discharge from the clinic following surgery. **The escort should remain in the waiting area during the operation. If the escort must leave, please inform the front desk staff.**
4. Eye and facial make-up, lipstick, nail polish, etc. must NOT be worn on the day of the procedure.
5. Contact lenses, wigs, hairpieces, false eyelashes must be removed prior to admission into the operating area.
6. Female patients should wear slacks, jeans, or a skirt with a separate, easily removable top. Please do not wear a one-piece outfit, a turtle neck, or high-necked sweaters.
7. If a prescription for pills or other medication was given to you by the surgeon to take prior to arriving at the clinic, please take the medicine as directed with only a SIP/TEASPOONFUL of water.
8. NO smoking or other tobacco on the morning of surgery prior to your appointment.
9. If symptoms of a common cold (runny nose, fever, chills, cough, sore throat) or other illness develop prior to the day of surgery, please notify us immediately (617-726-2740).
10. Please avoid bringing young children when escorting patients.

PLEASE NOTE- Outpatient surgery is scheduled as a convenience to the patient to avoid the cost and trouble of an inpatient hospitalization. Failure to follow these instructions jeopardizes patient safety. Violations of the above guidelines may place the patient's safety at unnecessary risk, resulting in cancellation of the procedure.