

# THE HARRIS CENTER

for Education and Advocacy in Eating Disorders at  
Massachusetts General Hospital



*Harris Center Research Team*

## LONGITUDINAL STUDY RECEIVES NIMH FUNDING

We are thrilled that the National Institute of Mental Health (NIMH) has recently awarded us a grant to conduct one-time follow-up interviews with participants of the Longitudinal Study of Anorexia and Bulimia Nervosa.

Since 1987, we have followed 246 women with anorexia and bulimia to gain a better understanding of what happens to patients over time. This seminal study has yielded over 40 published papers about eating disorders, exploring topics such as recovery and relapse, alcohol and substance use, depression, pregnancy, and medical complications.

Our 2011 NIMH grant gives us the opportunity to find out how these women are doing today, 25 years after the launch of the study. Our data will help address the following questions: What factors predict recovery?

Who gets better and who doesn't?

Our interviews are well under way. Recently, one of the women explained how participating in this research impacted her life. "Your study helped me recognize the importance of taking care of myself. The interviewer was always nonjudgmental – someone to connect with – and this meant the world to me because my disorder had always been a secretive and alienating experience."

We extend deep appreciation to all the study's participants. Because of their commitment to our work, we are able to generate top-quality research – thereby expanding our knowledge of eating disorders and ultimately contributing to improved treatment for these serious conditions.

### INSIDE THIS ISSUE Annual Update: Fall, 2011

Longitudinal Study Receives NIMH Funding.....	1	Seeking New Knowledge.....	5
Beauty and Health Campaign.....	2	Sharing Our Knowledge.....	7
Up and Coming.....	4	On the Advocacy Front.....	9
"Inspiring Possibilities" Features Dr. Herzog.....	4	Training Tomorrow's Scientists.....	10
Marching Forward.....	4	Acknowledgments.....	11
Harris Center Hosts Reception for Kenneth Feinberg....	4		
A+.....	5		

**IMAGES OF SUPER THIN FASHION MODELS** are believed to contribute to the development of disordered eating. For two years, the Harris Center and the American fashion industry have worked together to improve the well-being of models and, in doing so, to encourage healthy lifestyles for all women.

## PUBLIC FORUM HOSTS DIANE VON FURSTENBERG

The Harris Center's annual Public Forum focuses on Body Image and the Media, offering the community opportunities for discussion with leaders in the media, fashion, and publishing industries.

Over 800 students, parents, educators, and members of the press joined us at Harvard Business School for our 14<sup>th</sup> Public Forum on March 8<sup>th</sup>, 2011 – the 100<sup>th</sup> anniversary of International Women's Day. Our keynote speaker was the world-renowned fashion designer Diane von Furstenberg, who addressed the topics of empowerment, beauty, and health and shared her life story, starting with the inspiration she drew from her mother, a Holocaust survivor.

Ms. von Furstenberg discussed the hardships she faced early in her career, the huge success of her wrap dress in the 1970s, her five years in Europe after selling her company, and the comeback that allowed her to grow her collection into the global lifestyle brand it is today. Her beliefs that "beauty is perfect in its imperfection" and that "the most important thing in life is your relationship with yourself" speak volumes about her compassion for women who feel inadequate and her commitment to self-empowerment.

As the President of the Council of Fashion Designers of America, Ms. von Furstenberg is countering the aesthetic of extreme thinness by "promoting beauty as health." In addition to creating fashions that inspire confidence, she empowers women through philanthropy. In 2010, she established the DVF Awards with the Diller-von Furstenberg Family Foundation to honor women who have displayed leadership in their commitment to their causes.



2011 Harris Center Public Forum – Dr. Herzog and Diane von Furstenberg

After Ms. von Furstenberg addressed questions from the audience, Dr. David Herzog closed the program on an upbeat note. In reaffirming his commitment to working with the fashion industry to encourage positive body image, he said, "We are fortunate that the industry has chosen Diane to be its leader."

In the Public Forum program book was an essay – "Healthier Standards" – coauthored by Ms. von Furstenberg and Dr. Herzog in January 2011. The essay called upon everyone in the fashion industry to join forces in support of the CFDA's efforts to promote health.

Reviews of the Forum by media outlets such as *Boston* magazine, *The Boston Globe*, *Fox 25 Morning News*, and *The Harvard Crimson* were highly positive.

We are grateful to our 2011 Forum Advisory Committee: Stori Cadigan, Michael Douvadjian, Joy Eber, Leslie Feinberg, Wendy and Ben Fischman, John Grady, Nancy Harris, Melissa Janfaza, Joseph L. Johnson III, Jill Karp, Stacey Santo, Camille Schmidek, Lisa Sussman, and June Tatelman.

**FOLLOWING THE PUBLIC FORUM, MS. VON FURSTENBERG TWEETED, "THE HARRIS CENTER IS A POWERFUL ORGANIZATION! DR. HERZOG IS PASSIONATE AND EFFECTIVE! LOVE, DIANE"**

## HARRIS CENTER TEEN MENTOR PROGRAM

Directed by Heather Thompson-Brenner, Ph.D., the Harris Center Teen Mentor Program offers adolescent girls the unique opportunity to learn from each other, from Harris Center staff, and from celebrities the

best ways to promote positive body image and self-esteem. This new program aims to foster the development of leadership skills through mentoring teens as they create outreach and advocacy projects in their own schools.

Our Teen Mentor Program has grown in popularity and influence each year. Through participation in educational sessions at the Center, the students explore pressures to be thin within their own communities and organize activities designed to encourage self-acceptance and healthy choices among their peers.



*Teen Mentors with Miss America 2011 Teresa Scanlan & Teen Mentor Program Director, Heather Thompson-Brenner, Ph.D.*

In 2011, we piloted our Teen Mentor Program. The girls participated in meetings with Center staff, attended our March 8<sup>th</sup> Public Forum, and engaged in a private panel discussion with Diane von Furstenberg, Miss America 2011 Teresa Scanlan, and Miss America 2008 Kirsten Haglund (each of whom chose eating disorders as her platform issue).

With guidance from the Center, the girls designed and implemented exceptional advocacy and outreach projects. For example, two Teen Mentors collaborated with the Harris Center to create a high school club that promotes dialogue around achievement and eating concerns.

The 2011 pilot Teen Mentor group and Center staff members wrote an article describing the girls' experiences and their advocacy in their own communities. We hope to have our article published in a popular teen magazine that will reach a wider audience.

We are thrilled to start working with our 2012 Teen Mentor group at this year's Fall Kick-off Meeting, and we look forward to another exciting year.

## CFDA LAUNCHES AMBASSADOR PROGRAM WITH SEMINAR FOR MODELS

The Council of Fashion Designers of America (CFDA) is working hard to address concerns about eating disorders in the industry.

Early this year, the CFDA Health Initiative launched its Ambassador Program, which allows very well-known models to serve as mentors to their younger peers. The Program's inaugural event – a seminar for models ages 16 to 20 – took place on February 7<sup>th</sup> in New York City at DNA Model Management. The seminar's leaders – celebrated model Stella Tennant, CFDA Director Steven Kolb, and Dr. David Herzog – reached out to the 30 young attendees with this message: "You are likely to encounter pressures to engage in unhealthy eating behaviors. Expressing your feelings and sharing your experiences will be critical to maintaining your health. We are here to help you, and you do not have to journey alone."



*Seminar Attendees and Speakers*

Feedback about the seminar from the young models was very enthusiastic. Stay tuned for further information about the Ambassador Program.

## “INSPIRING POSSIBILITIES” FEATURES DR. HERZOG

From 1976-1978, Dr. Herzog completed his child and adolescent psychiatry training at Children’s Hospital Boston and Judge Baker Children’s Center (then called Judge Baker Guidance Center). Judge Baker’s 2010 Annual Report, “Inspiring Possibilities,” focused its “Alumni Feature” on Dr. Herzog – his current work, his career accomplishments, and how his time as Chief Resident of the psychosomatic unit at Judge Baker helped shape and stimulate the rest of his career as a child psychiatrist, particularly in the area of eating disorders.

## MARCHING FORWARD

On May 3<sup>rd</sup>, Dr. Herzog convened the Harris Center 15-member Advisory Board to launch The Center’s 2011–2012 philanthropy efforts. The meeting provided a full overview of the Center’s activities, including an exciting genetics presentation by Dr. Elizabeth Lawson of the MGH Neuroendocrine Division. Many thanks to our board for their innovative ideas and generosity for our new development campaign.

## HARRIS CENTER HOSTS RECEPTION FOR KENNETH FEINBERG



*Ken Feinberg (left) & Dr. Herzog at the Mandarin Hotel Reception*

On January 25<sup>th</sup>, 2011, the Harris Center hosted a gathering of 15 friends and supporters at the Mandarin Hotel to meet Kenneth Feinberg, who was visiting the Boston area from Washington, D.C. Mr. Feinberg spoke for about 20 minutes about his experiences as the Special Master of the Federal September 11<sup>th</sup> Victim Compensation Fund of 2001 and as the administrator of the BP Deepwater Horizon Disaster Victim Compensation Fund. He also talked about how important the Harris Center is to him, and about his continued commitment to supporting our work.

## UP AND COMING

We are collaborating with the Council of Fashion Designers of America to create a “Beauty as Health” forum for the leaders of the fashion industry during New York Fashion Week, February, 2012.

Each year, Harvard Business School (HBS) hosts a fashion show to benefit a selected cause. We are honored to be the organization HBS chose to support for its 2010 show – and again for its 2012 show.

The Durst Organization, a prominent Manhattan real estate company, will host a reception for the Harris Center at their Bank of America building in New York City.



We frequently receive requests for information from students in the community who are doing projects on eating disorders. Early in 2011, for example, Fontbonne Academy senior Samantha Sliwinski interviewed Dr. Herzog and shared with her classmates her stellar report, in which she presents media images of ultra thin females as a “social justice issue,” describes her leadership role in her school’s “Love Your Body Week,” and articulates how her research gave her insight into the experiences of her friends who struggle with negative body images. “Now that I have a greater understanding of eating disorders, I am much more empathetic with these girls.” We are grateful to Samantha – now a freshman at Tufts University – for all she has done to educate young people about eating disorders.

## CONGRATULATIONS, DR. EDDY

Harvard Medical School has promoted Harris Center staff member Kamryn T. Eddy, Ph.D. from Instructor to Assistant Professor of Psychology in the Department of Psychiatry.



Kamryn T. Eddy, Ph.D.



## NEWEST RESEARCH COLLABORATIONS

Interdisciplinary research is a cornerstone of the Harris Center mission. Here are some examples of current projects:

For over a decade, the Harris Center has teamed with MGH’s Neuroendocrine Unit to better understand the biological factors that play a role in anorexia nervosa and to develop interventions addressing bone loss and other physical consequences of the disorder.

The Harris Center is collaborating with 2011 MacArthur Foundation “Genius Grant” recipient Matthew K. Nock, Ph.D., in the psychology department at Harvard University to look at predictors of eating disorder behaviors and self-harm behaviors in adolescents.

We continue to work with investigators at Drexel University in Philadelphia on weight suppression predicting recovery or relapse in bulimia, and we recently had a paper published based on this collaboration in the *Journal of Consulting and Clinical Psychology*.

Recently, the Center collaborated with MGH’s Adult ADHD (Attention Deficit Hyperactivity Disorder) Program on a study examining symptoms of ADHD and symptoms of bulimia in young adults. This research will evaluate the relationship between the two disorders and help inform treatment strategies.

## EXPLORING THE ROLE OF HORMONES AND GENETICS IN ANOREXIA NERVOSA



*Elizabeth A. Lawson, M.D.*

Dr. Elizabeth Lawson conducts research in the MGH Neuroendocrine Unit on the biology of appetite regulation in anorexia nervosa. We interviewed Dr. Lawson in an effort to share with you our excitement about her work.

### **What is the big-picture goal of your research?**

First-degree relatives of individuals with anorexia nervosa are 10 times more likely to develop the disorder than first-degree relatives of control subjects. Twin studies suggest 55–75% heritability. Yet there is a lack of data on specific genes that are involved in the disorder. Identifying these genes would lay the groundwork for more targeted treatment strategies.

### **What is the focus of your current studies?**

We are examining the intersection between hormones, appetite, and brain circuitry in anorexia nervosa.

### **What particular hormones are you looking at?**

Our team is studying hormones including ghrelin, leptin, and PYY because they regulate appetite through signaling in the brain. Individuals

with anorexia nervosa have abnormal levels of these hormones. Some of the alterations in hormone dynamics persist after recovery, suggesting that they may have predated the onset of the disorder.

### **What are you learning about the relationship between appetite-regulating hormones and genetics?**

Our pilot data in 215 individuals with anorexia nervosa and 275 control subjects suggest differences between the two groups in appetite-regulating genes. We are collecting DNA on hundreds more women with anorexia nervosa to investigate this.

### **What are you learning about brain circuitry in individuals with anorexia?**

We are using functional magnetic resonance imaging (fMRI) to investigate appetite-regulating brain pathways. Our fMRI studies show differences in brain circuitry in individuals with anorexia nervosa compared to healthy control subjects, associated with abnormalities in appetite-regulating hormones.

*Dr. Lawson's next steps will include using this multidisciplinary (genetic, endocrine, neuroimaging) approach to study the mechanism behind a potential hormonal treatment for anorexia nervosa. Stay tuned for more information on this groundbreaking research.*

## OUR SPECIAL THANKS

We extend deep appreciation to our distinguished colleagues in the MGH Neuroendocrine Unit for their talent and expertise: Anne Klibanski, MD; Karen Miller, MD; Madhu Misra, MD; Elizabeth Lawson, MD; Pouneh Fazeli, MD; Kathryn Ackerman, MD, MPH; Erinne Meenaghan, NP.



## MISSION STATEMENT

The Harris Center at MGH focuses on education and advocacy in eating disorders. Through interdisciplinary research, we seek new knowledge to better understand eating disorders, their detection, treatment, and prevention – and we strive to share that knowledge with the community at large. At the heart of the Center's program is a commitment to promote the healthy development of children, women, and all at risk.

Find out more at [www.harriscentermgh.org](http://www.harriscentermgh.org)



## NEW ENGLAND RESEARCH COLLABORATIVE



In 2006, the Harris Center and the Neuroendocrine Unit at MGH established the New England Research Collaborative to encourage interaction among researchers in the field of eating disorders. Twice a year, the Collaborative brings together scientists, clinicians, and educators to discuss advances in eating disorder research and possible applications to treatment.

The April 8<sup>th</sup>, 2011 meeting included presentations titled: "Female Athlete Triad Update," "Anorexia Nervosa in Female Adolescents: A Look at the Big Picture," "Eating Disorders on Campus: Integrated Treatment and Challenges," and "Physiological

Estrogen Replacement Increases Bone Density in Adolescent Girls with Anorexia Nervosa." The November 1<sup>st</sup>, 2010 forum featured "Medical Complications in Eating Disorders and Treatment Eligibility Implications," "Effects of Parathyroid Hormone Therapy on Osteoporosis in Anorexia Nervosa," "Applying Business Principles to Team Building in Care of Eating Disorder Patients," and "Body Dysmorphic Disorder and Relationship to Eating Disorders."

Many of these PowerPoint presentations are available for viewing on our Web site by navigating to "About Us – Symposia."



## RESEARCH AND PUBLICATIONS

So far this year, 13 Harris Center research articles and book chapters have been accepted for publication. Here are examples of this work:

Lawson, E.A., Eddy, K.T., Donoho, D., Misra, M., Miller, K.K., Meenaghan, E., Lydecker, J., Herzog, D., Klibanski, A. Appetite-regulating hormones cortisol and peptide YY are associated with disordered eating psychopathology, independent of body mass index. *European Journal of Endocrinology*. 2011; 164: 253–61.

Mischoulon, D., Eddy, K.T., Keshaviah, A., Dinescu, D., Ross, S.L., Kass, A.E., Franko, D.L., Herzog, D.B. Depression and eating disorders: Treatment and course. *Journal of Affective Disorders*. 2011; 130: 470–7.

Misra, M., Katzman, D.K., Miller, K.K., Mendes, N., Snelgrove, D., Russell, M., Goldstein, M.A., Ebrahimi, S., Clauss, L., Weigel, T., Mickley, D., Schoenfeld, D., Herzog, D.B., Klibanski, A. Physiologic estrogen replacement increases bone density in adolescent girls with anorexia nervosa. *Journal of Bone and Mineral Research*. (In press).

## PRESENTATIONS AND CONFERENCES

We present our research findings at conferences all over the world. Here are a few of our 2011 presentations:

### JUNE 15–18, 2011

2011 Annual meeting, International Society for Behavioral Nutrition and Physical Activity, Melbourne, Australia.

Debra L. Franko, Ph.D., "Predictors of fruit and vegetable consumption in ethnically diverse adolescents."

### APRIL 28–30, 2011

International Conference on Eating Disorders, Miami, FL

Kamryn T. Eddy, Ph.D., "Taxometric analysis of adolescents with eating disorders at two sites: University of Chicago and Stanford University."

Debra L. Franko, Ph.D., "Examining ethnic differences in binge eating disorder: The role of socioeconomic status and body mass index."

### MARCH 16<sup>TH</sup>, 2011

Northeastern University, Boston, MA

Debra L. Franko, Ph.D., "Ethnicity in body image and eating disorders: Risk, prevention, and treatment."

## EATING DISORDERS COALITION: CELEBRATING A DECADE OF PROGRESS

In 2000, the Harris Center founded the Eating Disorders Coalition for Research, Policy, & Action (EDC) in Washington, D.C. Through the EDC, we ally with other professional organizations to raise national awareness of eating disorders and to improve access to care, parity, and research. Currently the EDC is building momentum for the FREED Act (Federal Response to Eliminate Eating Disorders), comprehensive legislation addressing eating disorder research, treatment, and prevention. We hope you will join us in our support of FREED, which was introduced to Congress on March 3<sup>rd</sup>, 2011.

For more information, please visit [eatingdisorderscoalition.org](http://eatingdisorderscoalition.org)

## EATING DISORDERS LEGISLATION IN MASSACHUSETTS

For several years, the Harris Center has served as a consultant to Massachusetts Representative Kay Khan as she has sponsored legislation on behalf of individuals with eating disorders. On July 30<sup>th</sup>, 2010, Governor Patrick approved Chapter 197, An Act Relative to School Nutrition. This law requires healthier foods in schools and includes an amendment authored by Rep. Khan providing education for school nurses about early identification of students with eating disorders and appropriate interventions. On January 30<sup>th</sup>, 2011, Rep. Khan filed H. 1187, which ensures comprehensive treatment for eating disorders and is currently under review by the Joint Committee on Financial Services.



Representative Kay Khan

## THE CENTER IN THE MEDIA

As part of our public-awareness campaign, we continue to provide information to media outlets for their projects related to eating disorders. Here are some highlights from the past year:

In October 2011, BizBash rated the Harris Center Public Forum among "Boston's Top 100 Events."

On June 15<sup>th</sup> 2011, JewishJournal.com posted "My Anorexia; How I Became a Survivor," written by a former patient of Dr. David Herzog.

The April 25<sup>th</sup> 2011 issue of *The New York Times* included "In Fighting Anorexia, Recovery Is Elusive," in which Dr. Kamryn Eddy explored the question of how to define recovery from anorexia nervosa.

The Child Mind Institute featured Dr. David Herzog in a video titled "What are the Early Signs of an Eating Disorder? Subtle cues are sometimes as important as obvious ones."

*Boston* magazine named Dr. Herzog one of the Boston area's "TOP DOCS."

## IN PRAISE OF RESEARCH ASSISTANTS

Recently, one of our talented research assistants, Stephanie Ross, moved on and is now a graduate student in the doctoral program in clinical psychology at St. John's University in Queens, New York. We are delighted for Stephanie, whose work at the Center has been superb, and we look forward to staying in touch with her.

In July, a new research assistant, Meera Krishna, joined our team. Meera graduated from Dartmouth College with a major in psychology. In addition to helping with our research, she is involved in event planning and finance management.

## GREETINGS FROM ANDREA KASS



Andrea Kass

Andrea Kass excelled as a Harris Center research assistant between 2007 and 2009, and is now a second-year doctoral student in clinical psychology at Washington University in St. Louis. Andrea received her master's degree this past spring. Her thesis investigated whether a moderated discussion group is a necessary component of the eating disorder preventive intervention, *Student Bodies*.

## MATINA S. HORNER, PH.D. FELLOWSHIP: 15TH ANNIVERSARY

We created the annual Matina S. Horner, Ph.D. Summer Research Fellowship in 1997 to encourage young researchers in the field. Our fellows are mentored as they conduct independent research projects and participate in our current research activities.

In 2011, we had four excellent fellows. Doris Berman, now a sophomore at Wellesley College, spent her summer conducting a literature review for the Harris Center's upcoming paper on mortality in anorexia and bulimia. During her fellowship, she also worked in the Neuroendocrine Unit (NEU) at MGH on a study of physiologic testosterone in anorexia nervosa. Bernice Raveche is a third-year doctoral candidate at the Harvard School of Public Health. As a Matina Horner fellow, she explored the association between weight-based discrimination and disordered eating outcomes among ethnically diverse youth. MIT sophomore Esmeralda Romero-Lorenz learned about psychosocial development in eating disorders; in addition, she worked with the NEU on a study of appetite-regulating and stress hormones in the genetics of anorexia nervosa. Rebecca Shingleton, a first year-graduate student in clinical psychology at Boston University, devoted her fellowship to a project that involves investigating real-time data in patients with self-injurious behavior, including binge/purge thoughts and behaviors.



Matina S. Horner, Ph.D.

Our Matina Horner program has now enjoyed 15 years of progress and sponsored 44 young investigators; our commitment to this mentorship program – to helping prepare the researchers of tomorrow – has never been stronger.

I remain grateful for the hands-on experience and mentorship that I received while studying under Drs. Herzog and Franko. It is rare to find leaders in the field of eating disorders so committed to the development of future researchers.

– Maria Frisch, 2007 Fellow

AES Corporation  
Louisa & Neale Attenborough  
BNY Wealth Management  
Bay State Federal Savings  
Charitable Foundation  
Cami & Dan Beckman  
Sandy & Myron Belfer  
Barbara & Gary Bello  
Laura L. Bendetson  
Richard K. Bendetson  
Deborah Benik & Edward Shapiro  
Marsha & Peter Berenson  
Camille & Mark Biros  
Sally Bishko  
Laura & Gabriel Bitran  
Lynne Brainerd & Michael Douvadjian  
Melissa C. Brokalakis  
Erika & Rusty Brown  
The Byrnes Family Foundation  
Austin Cable & Family  
Stori & John Cadigan  
Cambridge Eating Disorder Center  
Monika Carbochova  
Debra & Craig Cerretani  
CFDA Foundation  
The Charles Hotel  
Nancy Clark  
Cindy & Dana Cohen  
Lillian & Donald Colavecchio  
Gracemarie & Brian Concannon  
Nancy Connolly  
Janet & David Coyle  
Nancy & Darrell Crate  
Maureen & Jeff Crowley  
Carol & Dean Currie  
Randi & Joel Cutler  
CVS Foundation  
Gerald Dameshek  
William Darling  
Stacey Debroff & Ron Remy  
Charlotte & Donald DeVito  
Nancy & John Donovan  
William Dore Jr.  
Jennifer & Chip Douglas  
Julie & Ronald Druker  
Peter Dwares  
Joy Eber & John Sachs  
Gail & David Eddy  
Eleanor & M. Gordon Ehrlich  
Joan & Leonard Engle Family Foundation  
Mary Engle  
Jo-An & Jonathan Evans  
Susan Evans & Franklin Stearns  
Laurie & Michael Ewald  
Dede & Ken Feinberg  
Feinberg Rozen, LLP  
Mary Jane Ferraro  
Amy & Barry Finegold  
The Fischman Family  
Atsuko & Lawrence Fish  
Cyndy & John Fish  
Glenda & Robert Fishman  
Margaret Boles Fitzgerald  
Rosemary French  
Furniture Resources International Inc.  
Frances Gallagher  
Margaret & Michael Garvey  
Linda & Steven Gelda  
Paige & Michael Geller

Suzanne Gilstein  
Goldman, Sachs & Company  
Ellen F. Gordon  
Kiendl Gordon  
Anne & John Grady  
Liza Greenwald  
Richard Grubman  
Cicely Hall  
Deborah Hall & Robert Sarno  
Shalom Harlow  
James Harris  
Nancy Harris  
Harvard Business School  
Geraldyn & Paul Heffernan  
Paula Ivey Henry  
Diane Hessian  
Arnold Hiatt  
Hill Holliday  
Daniel B. Hogan  
Matina Horner  
Inside Out  
Gladys Jacober  
Joseph Johnson III  
Nazneen Kanga  
Karen Kaplan  
The Karp Family  
Alexandra Karram  
Susan & Steven Kass  
Marsha & David Kelley  
Susan & Dan Keshian  
Young Shin Kim & Bennett Leventhal  
Valerie Kleinman  
Melinda Knight  
Alissa & Steve Korn  
Daniel P. Kraft  
Lee & Robert Krasner  
Mimi & Paul LaCamera  
Diane A. Lapon  
Mimi & Bob Lappin  
Deb & Jen Lasden  
Laurel Hill Inn  
Barbara & Thomas Leggat  
Mary & Robert Lentz  
Mary Lynn Lenz  
Gail & Gary Lockberg  
Anne Lovett & Stephen Woodsum  
Nancy & Richard Lubin  
Robert Lyons  
Karyn & Steve Lynch  
Judith R. MacDonald  
Heather & James Magliozzi  
Catherine & Peter Malone  
Kathleen & Michael Marchese  
Jane & Michael Marmor  
Blake & AJ Maroon  
Carl Martignetti  
Barbara & Francis Martin  
Linda & Kevin McCafferty  
Linda & Bill McDonald  
Patricia & Pete Michaels  
Michael Moonves  
Evelyn & Ruben Moreno  
Stephen Mullin  
National Jean Company  
Natixis Global Asset Management  
Raul Navarro  
The Neiman Marcus Group  
Gail & Arlen Nickowitz  
Peter A. Niemitz

NJC Boston LLC  
Susan C. Noland  
Kathy & Joseph O'Donnell  
Kathryn O'Neil  
Ogletree, Deakins, Nash,  
Smoak & Stewart, P.C.  
Amy & Tom Olivier  
Ruth Orthwein  
Krystyna & Brian Owen  
Paige Premium Denim  
Robert Treat Paine Association  
Judge John C. & Katherine A. Pappas  
Family Charitable Foundation  
Thomas Anthony Pappas  
Charitable Foundation  
Ellen Hart Peña  
Nina & Eugene Piazza  
Carroll & Robert Pierce  
Lisa Pierpont  
Irene Pollin  
Lia & William Poorvu  
Nancy & Scott Powers  
Prudential Town & Country Real Estate  
Red Sox Foundation  
Kita & Christopher Reece  
Diane & Thomas Reilly  
Barbara & Frank Resnek  
Louise Riemer  
Molly & Thomas Roland  
Dorothy & Alvin Rosenfeld  
Judy & Phil Rosenfield  
Abbe Ross  
Debora & Alan Rottenberg  
Alice & David Rubenstein  
The Lawrence J. & Anne Rubenstein  
Charitable Foundation  
Rue La La, Inc.  
Amy & Robert Schlager  
Judith & Lawrence Schlager  
Camille & Ian Schmdiek  
Phyllis & Larry Selter  
Ann & Michael Sherman  
Salua & Robert Smith  
Wendy & Mark Smith  
Dorothy & Michael Sophocles  
Barbara & Burton Stern  
Deicy Stockwell  
Barbara & Robert Stone  
Margaret Storer  
Cindy & Harley Stowell  
Robert Stringer  
Suffolk Construction's Red & Blue  
Foundation  
Lisa & Andrew Sussman  
Lucia Swanson & Theodore Levine  
June & Eliot Tatelman  
Susan & Barry Tatelman  
Beatrice Temkin  
The TJX Foundation  
Kellie & Richard Trotta  
Jane & William Van Faasen  
Zacharie & Louis Vinos  
Walden Behavioral Care  
Henriette & Karsten H. Windeler  
Lydia Woodward & David Lockhart  
Anonymous Donors (3)

*Every effort was made to list names correctly. If you find an error, please accept our sincere apologies and contact the Center at 617-726-8470.*

TO ALL OUR DONORS: THANK YOU!



## WE WELCOME YOUR COMMENTS AND SUGGESTIONS!

For further details on information covered in this newsletter, please contact us at:

Harris Center for Education and Advocacy in Eating Disorders  
Massachusetts General Hospital  
2 Longfellow Place, Suite 200  
Boston, MA 02114  
617-726-8470

[www.harriscentermgh.org](http://www.harriscentermgh.org)  
E-mail: [harriscentermgh@partners.org](mailto:harriscentermgh@partners.org)

## HARRIS CENTER AT MGH STAFF

David B. Herzog, M.D.  
Debra L. Franko, Ph.D.  
Kamryn T. Eddy, Ph.D.  
Aparna Keshaviah, Sc.M.  
Heather Thompson-Brenner, Ph.D.  
Molly Davis, B.A.  
Meera Krishna, B.A.  
Patricia Cable, R.N.

Director  
Associate Director  
Staff Psychologist  
Biostatistician  
Research Consultant  
Research Assistant  
Research Assistant  
Publications Director

### Photo Credits

Pages 2 and 3: by Roger Farrington  
Page 3: Seminar Attendees and Speakers by Maki Sonobe, DNA Model Management  
Page 6: "Autumn Beauty" by Thomas Lieser  
Page 7: New England Research Collaborative by Ivan Walsh  
Page 9: Representative Kay Khan: used with permission of Kay Khan  
Back cover: "Mother & Daughter" by Oberazzi  
"Brook, Smiling" by Drew Herron  
"Group of Friends Smiling" by hepingting



MASSACHUSETTS  
GENERAL HOSPITAL



HARVARD  
MEDICAL SCHOOL