

Buddy Workout Program

Looking to do some personal training but worried about the cost?



Try our new Buddy Workout Program and we'll match you with someone with a similar workout level and goals.

Plus, semi-private training starts at \$52/session per person compared to private training at \$75/session so you can save a little money too!



For the month of February members and non-members pay the same price for semi-private training!

Interested? Stop by the Fitness Desk to complete a quick questionnaire so that we may match you accordingly.

For more information please contact Cliff Seeto at cseeto@partners.org or 617.724.2884



The Clubs at Charles River Park
The Wellness Center at MGH