



Patch



Nasal Spray



Varenicline



Gum



Lozenge



Inhaler



Bupropion

## Talk to your child's doctor today about medicines to help you quit smoking

### NICOTINE REPLACEMENT OPTIONS

#### PATCHES (OTC)

Nicotine Patch	Initial: 1 patch/16-24hrs	Treatment Duration:
21 mg	MAX: Same as above	8 wks
14 mg		
7 mg		
(pack +/-day)		
(10-15 cig/day)		
(<10 cig/day)		

#### GUM (OTC)

Nicotine Gum	Initial: 1 piece every 1-2 hrs	Treatment Duration:
4 mg	MAX: 24 pieces/24hrs	8-12 wks
2 mg		
(≥20 cig/day)		
(<20 cig/day)		

#### NASAL SPRAY

Nicotrol NS	Initial: 1-2doses/hr.	Treatment Duration:
10 mg/ml	MAX: 5 doses/hr or 40 doses/day	3-6 mos

#### INHALER

Nicotrol Inhaler	Initial: 6-16 cartridges/day	Treatment Duration:
10 mg/cartridge	MAX: 16 cartridges/day	3-6 mos

#### LOZENGE (OTC)

Commit	1 loz/1-2 hrs (wks 1-6)	Treatment Duration:
2 mg	1 loz/2-4 hrs (wks 7-9)	12 wks
4mg	1 loz/4-8 hrs (wks 10-12)	

### NON-NICOTINE MEDICATION

#### BUPROPION HCL SR

Zyban	Initial: 150 mg/day (days 1-3)	Treatment Duration:
150 mg tablets	300 mg/day (day 4+)	7-12 wks
	MAX: 300 mg/day	

#### VARENICLINE

Chantix	Initial:	Treatment Duration:
0.5 mg tablets	Starter pack (days 1-30)	12 wks
	1 mg/twice a day (days 31-84)	

Inclusion of this adult dosage chart is strictly for the convenience of the prescribing provider. Consult with the Physicians' Desk Reference for complete information and contraindications. This chart does not indicate or authorize insurance coverage for any of these medications. For insurance benefit coverage, contact insurance directly.