



Patients who use tobacco are **nine times more likely to quit** long term when using the free Kentucky's Tobacco Quitline services compared to quitting on their own.

FAX REFERRAL PROGRAM IN 5 EASY STEPS

1. Ask about client's, or their parent's/guardian's tobacco use at each visit.
2. Advise tobacco users about the health consequences of tobacco use and determine if they would like to quit.
3. If so, complete the Client Referral/Consent form and fax it to **1-800-261-6259**.
4. Prescribe pharmacotherapy, if appropriate, or advise about NRT for relief from withdrawal symptoms and to aid with quitting.
5. Information about the patient's enrollment status is faxed back to the healthcare provider.

ADDITIONAL TOBACCO CESSATION RESOURCES

For additional fax referral forms and quitline materials contact:

Jan Beauchamp
Tobacco Prevention and Cessation Program
502-564-9358, extension 3817

Quitline materials are also available at
<http://chfs.ky.gov/dph/info/dpqi/hp/tobacco.htm>