

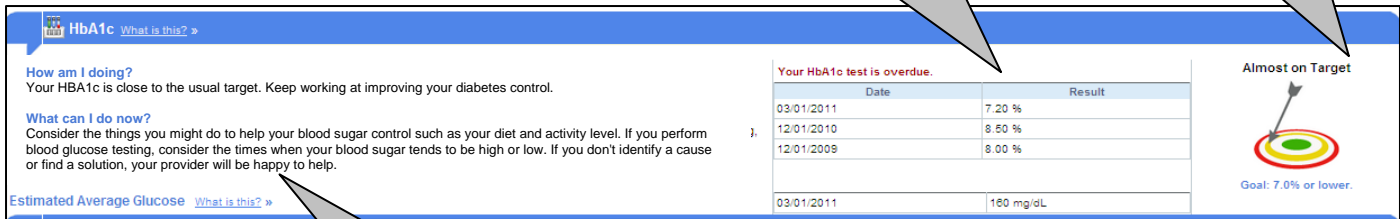
Would you like help managing your diabetes at home?

My Diabetes Report is a new, personalized tool in Patient Gateway that provides information and recommendations designed just for you.

Is your HbA1c on target?

Your most recent results

How are you doing?



HbA1c [What is this? »](#)

How am I doing?
Your HbA1c is close to the usual target. Keep working at improving your diabetes control.


What can I do now?
Consider the things you might do to help your blood sugar control such as your diet and activity level. If you perform blood glucose testing, consider the times when your blood sugar tends to be high or low. If you don't identify a cause or find a solution, your provider will be happy to help.

Estimated Average Glucose [What is this? »](#)

Your HbA1c test is overdue.

Date	Result
03/01/2011	7.20 %
12/01/2010	8.50 %
12/01/2009	8.00 %
03/01/2011	160 mg/dL

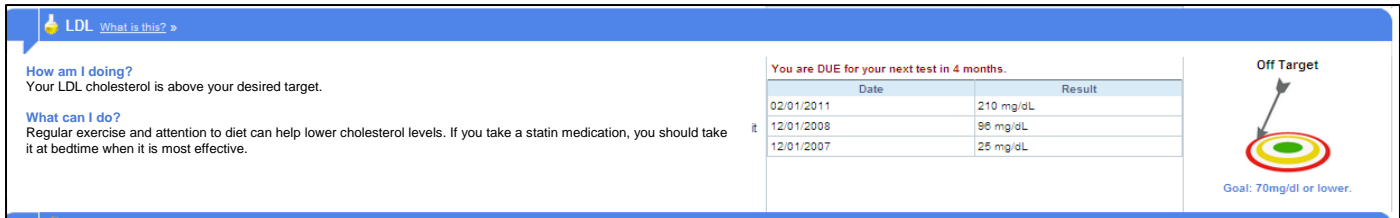
Almost on Target



Goal: 7.0% or lower.

What you can do now

How about your cholesterol?



LDL [What is this? »](#)


How am I doing?
Your LDL cholesterol is above your desired target.

What can I do?
Regular exercise and attention to diet can help lower cholesterol levels. If you take a statin medication, you should take it at bedtime when it is most effective.

You are DUE for your next test in 4 months.

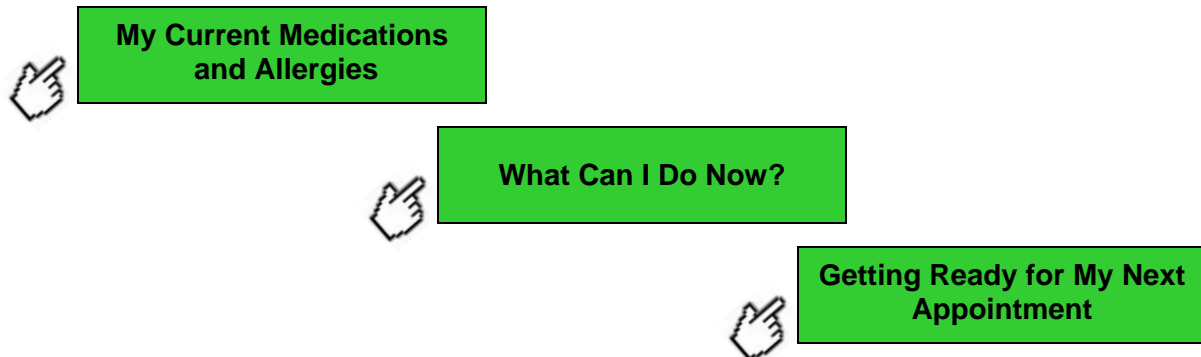
Date	Result
02/01/2011	210 mg/dL
12/01/2008	98 mg/dL
12/01/2007	25 mg/dL

Off Target



Goal: 70mg/dl or lower.

Tools to help you prepare for your next appointment are just a click away.



My Current Medications and Allergies

What Can I Do Now?

Getting Ready for My Next Appointment

Interested in exploring this new tool? Check out *My Diabetes Report* in Patient Gateway under the Health Record menu.