



Signs and Symptoms

Stroke:

- Slurred speech or difficulty understanding others
- Weakness, tingling, loss of feeling on one side of your body or face
- Headache(severe and sudden)
- Vision difficulty

Heart Attack:

- Chest discomfort- squeezing, fullness, or pain that lasts for more than a few minutes or resolves and returns.
- Discomfort in arms, neck, jaw, or stomach
- Shortness of breath

****Note for women:** Like men, women most commonly have chest pain or discomfort as a heart attack symptom. But women are somewhat more likely than men to have some of the other common symptoms, particularly shortness of breath, nausea, and vomiting, back pain, or jaw pain.