

CURRICULUM VITAE

Stephanie Sogg, Ph.D.
MGH Weight Center
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EDUCATION

- 1991 - 1998 Doctor of Philosophy, Clinical Psychology
Rutgers University
Piscataway, New Jersey
- Master's Thesis: Assessing Session-By-Session Progress in Brief
Psychodynamic Therapy
Chair: Stanley Messer, Ph.D.
- Dissertation: Effects of Depression on Antisocial Personality
Disorder in Male Substance Abusers: A Mediational Model
Chair: Barbara McCrady, Ph.D.
- 1986 - 1990 Bachelor of Science, *Cum Laude*
Tufts University
Medford, Massachusetts
- Major: Clinical Psychology
Honors: National Merit Scholar, Dean's List

PROFESSIONAL AFFILIATIONS

- American Psychological Association
- Clinical Psychology Division
 - Teaching Psychology Division
 - Clinical Emergencies Division
 - Addictions Division

American Society for Bariatric Surgery – Clinical Issues Committee

- Association for the Advancement of Behavior Therapy
- Behavioral Medicine SIG

Massachusetts Psychological Association

The Obesity Society – Clinical Committee

CLINICAL EXPERIENCE

Massachusetts psychology license #7545, 6/99

5/03 - Present
Staff Psychologist
MGH Weight Center
Massachusetts General Hospital, Boston, MA
Instructor in Psychology
Harvard Medical School

Assessment of individuals with obesity; individual treatment of individuals with obesity and a wide range of related issues/disorders; development and leadership of therapy groups for individuals with obesity; participation in multidisciplinary treatment team; development of and participation in research protocols; supervision of postdoctoral fellows.

5/03 - 9/04
Clinical Specialist
Harvard Bipolar Research Program
Massachusetts General Hospital, Boston, MA

Assessment and treatment of individuals with bipolar disorder within a large, nationwide, multi-site research protocol.

1/03 - 5/03
Staff Psychologist
Emerson College Counseling Center, Boston, MA

Evaluation and individual therapy with students at an art-centered urban college; teaching of student interns.

9/02 – 5/03
Consultant Psychologist
Crisis Care Network, Minneapolis, MN

Crisis intervention with employee groups following critical incidents at several different companies.

1/02 - 8/02
Clinical Psychologist
Barclay and Highview Rehabilitation Units
St. Pancras Hospital, London, England

Individual and group therapy with sufferers of chronic, major mental illness. Consultation to multidisciplinary team, treatment planning, and assessment. Supervision of psychology assistant. Creating, implementing, evaluating, and supervising group treatment program.

8/00 - 12/01
Consultant Psychologist
Comprehensive Family Evaluation Center
New England Medical Center, Boston, MA

Conducting forensic child custody evaluations, child sexual abuse evaluations, privately, for the courts, and for protective services agencies.

9/99 - Clinical Psychologist
12/01 Boston VA Medical Center, Jamaica Plain, MA

Individual and group therapy with veterans with substance abuse, medical, adjustment, trauma, and mood disorders; development, implementation, and supervision of psychological evaluation programs for gastric bypass and Hepatitis-C patients; group and individual supervision and training of predoctoral psychology interns and practicum students; crisis assessment and intervention in emergency room setting.

9/98 - Postdoctoral Child Fellow
8/99 Harvard Medical School
Cambridge Hospital, Cambridge, MA

Supervision of trainees; intensive didactic training; psychological assessment; long-term outpatient psychotherapy. **Acute Intervention Team:** Emergency intake, evaluation, outreach, and follow-up. **Adolescent and Child Inpatient Units:** Individual, family, and group treatment; behavioral modification; treatment and discharge planning; participation in multidisciplinary treatment team; case management; systems liaison. **Supervisors:** John Wechter, Ed.D., Janet Jameson, Ed.D., Sharon Greenfield, Psy.D., Maddy Steinberg, Psy.D.

9/97 - Clinician
9/98 NIDA Medications Development and Research Unit,
Boston VA Outpatient Clinic, Boston, MA
Supervisor: Deborah Brief, Ph.D.

Psychological assessment; psychosocial intervention using a variety of treatment protocols within a research setting (motivational intervention, cognitive-behavioral coping skills treatment); development of a referral resource database; recruitment liaison to area colleges and universities.

9/96 - Predoctoral Psychology Intern
8/97 Boston VA Internship Consortium, Boston, MA
Supervisors: Dante Spetter, Ph.D., Donna Cooley, Ph.D., Claudette Pierre, Ph.D., James Deleppo, Ed.D., Carol Weichert, M.D., Deborah Brief, Ph.D., Glenn Trezza, Ph.D., DeAnna Mori, Ph.D.

Outpatient assessment and treatment (individual and family) with children and adults, consultation/liaison work with children in hospital setting, in- and outpatient treatment for addictions, primary therapist and case management with psychiatric inpatients; emergency room admissions.

9/95 - Therapist
6/96 Somerset Project, Rutgers University, Piscataway, NJ
Supervisor: Greer Melidonis, Psy.D.

Family intake, assessment, treatment planning; therapy for family in crisis, in conjunction with coursework and supervision in the area of family therapy.

1/92 - Therapist
8/96 Rutgers University Psychological Clinic, Piscataway, NJ
Supervisors: Jean Balinky, Ph.D., Jonathan Rathouser, Ph.D.,
Janet Brice-Baker, Ph.D., Sharon Ryan-Montgomery, Psy.D.,
Richard Roth, Ph.D., Brian Shannon, Ph.D.

Client screening; treatment planning; outpatient psychotherapy; psychodiagnostic and cognitive assessment.

9/93 - Therapist
8/95 Center for Evaluation and Psychotherapy,
Morristown Memorial Hospital, Morristown, NJ
Supervisor: Terri Siclare, Ph.D.

Treatment planning; outpatient psychotherapy with individuals, couples, and families; psychodiagnostic assessment; group and individual supervision; student seminar; assessment seminar.

6/93 - One-on-one Worker
8/93 Bonnie Brae Residential Facility, Millington, NJ

One-on-one therapeutic work with adolescent sex offender, within therapeutic milieu setting for severely disturbed adolescent boys.

4/92 - Volunteer
5/93 Adolescent Unit, Carrier Psychiatric Institute Belle Meade, NJ

Therapeutic interaction with inpatients on adolescent psychiatric unit.

9/90 - Counselor
8/91 Keystone Adolescent Program Newton Corner, MA
Supervisor: Carol Peacock, Ph.D.

Milieu therapy; crisis prevention and intervention; behavior modification; client advocacy, within a residential setting for severely emotionally disturbed adolescents

6/90 - Recreational Counselor
8/90 Bay Cove Elementary School, Allston, Massachusetts
Supervisor: Bea Cravatta, M.S.W.

Development and implementation of therapeutic recreational curricula; crisis prevention and intervention; behavior modification, with a population of with severely disturbed children aged 5-13.

9/89 - Student Intern/Assistant Teacher
6/90 Bay Cove Elementary School, Allston, MA
Supervisor: Sheryl Cohn, M.S.W.

Milieu therapy; assistant teaching; crisis prevention and intervention; behavior modification; implementation of problem-solving curriculum, with severely disturbed children aged 5-13.

6/89 - Student Intern
8/89 Knotley Netherheys, Surrey, England
Supervisor: Fred Upfold, L.C.S.W.

Milieu therapy; recreational leadership; behavior modification with adjudicated male adolescents.

1/89 - Volunteer
5/89 Judge Baker Child Guidance Center, Boston, MA

Therapeutic interaction with inpatients on psychosomatic unit of psychiatric facility.

6/88 - Counselor
8/88 Bellefaire Residential Facility for Adolescents, Cleveland, OH
Supervisor: Jean Tolar, M.S.W.

Milieu therapy; crisis prevention and intervention; behavior modification, within a residential setting for severely emotionally disturbed adolescents.

TEACHING POSITIONS

2003-
Present Instructor
 Personality Theory
 Harvard University Extension School, Cambridge, MA

Responsible for all phases of teaching, including preparation and delivery of lectures, selection of reading materials, creation and evaluation of assignments, construction of examinations, and assignment of course grades.

2000 - 2004 Instructor
 Personality Theory
 Department of Psychology, University of Massachusetts/Boston

Responsible for all phases of teaching, including preparation and delivery of lectures, selection of reading materials, creation and evaluation of assignments, construction of examinations, and assignment of course grades.

1994-1996 Instructor,
 Atypical Development in Childhood and Adolescence
 Department of Psychology, Rutgers University

Responsible for all phases of teaching, including preparation and delivery of lectures, selection of reading materials, creation and evaluation of assignments, construction of examinations, and assignment of course grades.

1993 - 1995 Instructor
 Adolescent Development
 Department of Psychology, Rutgers University

Responsible for all phases of teaching, including preparation and delivery of lectures, selection of reading materials, creation and evaluation of assignments, construction of examinations, and assignment of course grades.

1994 Teaching Assistant
 Community Psychology and Systems of Psychotherapy
 Department of Psychology, Rutgers University

Responsible for administrative aspects of course management (establishing database, maintaining attendance and academic records, etc.), preparing examination questions, reproducing examination forms, proctoring and scoring examinations.

RESEARCH EXPERIENCE

8/08- Present
Principal Investigator,
MGH Weight Center
Alcohol Misuse After Gastric Bypass

Telephone interview study examining alcohol misuse in patients who had had gastric bypass surgery; data analysis currently in progress.

11/07- 6/08
Principal Investigator,
MGH Weight Center
Alcohol Misuse Late After Gastric Bypass

Designed, obtained IRB approval, and executed a quantitative study examining alcohol misuse in patients who had had gastric bypass surgery. Results presented in invited talk at national meeting of the American Society of Bariatric Surgery.

6/99- 12/01
Project Director,
Cooperative Studies Program #470
Exercise and Behavior Therapy Trial for Gulf War Illness
Boston Veteran's Administration Medical Center

Duties: Coordination of 20 national sites participating in a multimodal clinical trial of exercise and behavior therapy (vs. usual care) in the treatment of Gulf War Illnesses, contact person for all aspects of study operation, produce study newsletter, chair conference calls, etc.

1/97 - 4/98
Doctoral Dissertation
Rutgers University
Barbara McCrady, Ph.D., Chair

Dissertation title: "Effects of Depression on Antisocial Personality Disorder in Male Substance Abusers: A Mediation Model." This study explored differences in levels of adaptive functioning in groups of substance abusers that vary by presence or absence of comorbid antisocial personality disorder and/or depression.

9/95 - 8/96
Fellow, Alcohol Training Grant
Center of Alcohol Studies, Rutgers University
Barbara McCrady, Ph.D., Supervisor

Duties: Involvement in all aspects of alcohol research, including experimental design, data collection, management, and analysis, structured interviewing, literature review, and preparing manuscripts for publication.

9/91 - 5/94
Master's Thesis
Rutgers University
Stanley Messer, Ph.D., Chair

Thesis title: "Assessing session-by-session outcome in brief psychodynamic therapy." This study used repeated-measures analysis to examine therapy process on a session-by-session basis and its relationship to in-session process. Results strongly suggested that positive in-session process precedes and predicts positive progress ratings on process measures for the next session as a whole.

PRESENTATIONS

Sogg, S., West-Smith, L. (June, 2009). Creating a Credential for Bariatric Behavioral Health Professionals: Potential Benefits, Pitfalls, and Provider Opinion. Presented at the Annual Meeting of the American Society of Bariatric Surgery, Dallas, TX.

Sogg, S. (June, 2008). Alcohol Misuse Late after Gastric Bypass Surgery: What do we Know? Presented at the Annual Meeting of the American Society of Bariatric Surgery, Washington, DC.

Sogg, S., Friedman, K., & Applegate, K. (June, 2007). Recurrence of Eating Pathology After Bariatric Surgery: A Comprehensive Treatment Program. Symposium presented at the Annual Meeting of the American Society of Bariatric Surgery, San Diego, CA.

Sogg, S., Friedman, K., & Applegate, K. (June, 2006). Life After Gastric Bypass Surgery. Symposium presented at the Annual Meeting of the American Society of Bariatric Surgery, San Francisco, CA.

Grothe, K., **Sogg, S.**, Mizes, J., Clark, M. (April, 2005). Current practices in obesity surgery: Evaluation and long-term outcomes. Symposium presented at the 26th Annual Meeting and Scientific Sessions for the Society of Behavioral Medicine, Boston, MA.

Silberbogen, A. K., Mori, D. L., & **Sogg, S.** (November, 2004). The Structured Interview for Interferon Treatment (SIIT). Poster presented at the Association for Advancement of Behavior Therapy Convention, New Orleans, LA.

Sogg, S. (November, 2003). Psychological Evaluation for Gastric Bypass: The State of the Art. Symposium presented at the Annual Meeting of the Association for the Advancement of Behavior Therapy Annual Meeting, Boston, Massachusetts.

Sogg, S., & Mori, D. (March, 2003). The Boston Interview for Gastric Bypass. Poster presented at the Society of Behavioral Medicine Annual Meeting, Salt Lake City, Utah.

Clauw, D., Barkhuizen, A., Engel, C., Donta, S., Williams, D., Kazis, L., **Sogg, S.**, Guarino, P., Peduzzi, P., Skinner, J., & Feussner, J. (2001). Measurement of tenderness in Gulf War veterans: What does it tell us? Results from the VA Cooperative Study #470. Paper presented at the Conference on Illnesses Among Gulf War Veterans: A Decade of Research.

Williams, D., Engel, C., Clauw, D., Donta, S., Barkhuizen, A., Skinner, J., Kazis, L., **Sogg, S.**, Guarino, P., Peduzzi, P., & Feussner, J. (2001). Physical functional status and its relationship to common symptoms of chronic multisymptom illnesses in Gulf War veterans: Results from the VA Cooperative Study #470. Paper presented at the Conference on Illnesses Among Gulf War Veterans: A Decade of Research.

Engel, C., Williams, D., Clauw, D., Donta, S., Guarino, P., Peduzzi, P., Skinner, J., Barkhuizen, A., **Sogg, S.**, Kazis, L., & Feussner, J. (2001, January). Fatigue, pain, cognitive symptoms and mental health-related functioning among Gulf vets with chronic multisymptom illnesses: Results from the VA Cooperative Study #470. Paper presented at the Conference on Illnesses Among Gulf War Veterans: A Decade of Research.

Skinner, J., Clauw, D., Engel, C., Donta, S., Williams, D., Barkhuizen, A., Kazis, L., **Sogg, S.**, Guarino, P., Peduzzi, P., & Feussner, J. (2001). Exercise testing in Gulf War veterans with chronic Multisymptom illnesses: Comparison to physical functional status, and other self-report measures: Results from the VA Cooperative Study #470. Poster presented at the Conference on Illnesses Among Gulf War Veterans: A Decade of Research.

Sogg, S., Bollinger, A., Read, J., & Berger, J. (2000, November). Clinical sensibilities, research practicalities. Clinical roundtable presented at the meeting of the Association for the Advancement of Behavior Therapy, New Orleans, Louisiana

Devine, E. G., Brief, D. & **Sogg, S.** (1998, August). Motivation as a predictor of treatment completion and aftercare compliance. Poster presented at the 106th annual convention of the American Psychological Association, San Francisco, California.

Sogg, S. (1995, August). Measuring session-by-session outcome in brief psychodynamic therapy. Paper presented at the meeting of the American Psychological Association, New York City, New York.

PUBLICATIONS

Sogg S. Comment on: A Comprehensive Interview Assessment of Eating Behavior 18-35 Months after Gastric Bypass Surgery for Morbid Obesity. *Surgery for Obesity and Related Diseases* (In Press).

Greenberg I, **Sogg S**, Perna F. Behavioral and psychological care in weight loss surgery - best practice update. *Obesity* 2009; 17: 880-4.

Blackburn GL, Hutter MM, Harvey AM, et al. Expert panel on weight loss surgery: Executive report update. *Obesity* 2009; 17: 842-862.

Sogg S, Mori, D. Psychosocial evaluation for bariatric surgery: The Boston Interview and opportunities for Intervention. *Obesity Surgery* 2009; 19: 369- 377.

Sogg S, Gorman MJ. Interpersonal Changes and Challenges after Weight Loss Surgery. *Primary Psychiatry* 2008; 15: 61-66.

Sogg S, Mori D. Revising the Boston Interview: Incorporating new knowledge and experience. *Surgery for Obesity and Related Diseases* 2008; 4: 555-63.

Sogg S. Alcohol misuse after bariatric surgery: Epiphenomenon or "Oprah" phenomenon? *Surgery for Obesity and Related Diseases* 2007; 3: 366-8.

Sogg S. Is major mental illness a clear contraindication for weight loss surgery? *Bariatric Nursing and Surgical Patient Care* 2006; 1: 293-294.

Silberbogen A, Mori D, **Sogg S.** The structured interview for the treatment of the Hepatitis C Virus (SIT-HCV). *Journal of Clinical Psychology in Medical Settings* 2005; 13: 57-69.

Sogg S , Mori D. The Boston Interview for Gastric Bypass. *Obesity Surgery* 2004; 14: 370-380.

CSP #470 Study Group. Cognitive behavioral therapy and aerobic exercise for Gulf War Veterans' Illnesses: A randomized controlled trial. *Journal of the American Medical Association* 2003; 289: 1396-1404.

CSP #470 Study Group. A multicenter two-by-two factorial trial of cognitive behavioral therapy and aerobic exercise for Gulf War Veterans' Illnesses: Design of a veterans Affairs Cooperative Study (CSP #470). *Clinical Trials* 2001; 22: 310-332

Sogg S, Read J, Bollinger A, Berger J. Clinical Sensibilities and Research Practicalities: Meeting at the Crossroads. *The Behavior Therapist* 2001; 24: 122-126.

Sogg S, Sogg W. Coping with adversity: Your clients' and your own. *The Practical Lawyer* 2000; 46: 25-34.

INVITED TALKS

Psychological Consequences of Bariatric Surgery. Presented at the Cleveland Clinic Obesity Summit, Cleveland, OH. September, 2008

The Role of Psychology in Obesity and its Treatment. Presented at the Sizing Down Obesity symposium, Merrillville, IN. February, 2008.

Psychological Evaluation of Patients with Obesity. Presented at the MGH Weight Center Dietitian Network Symposium, Boston, MA. June, 2007.

Life After Gastric Bypass. Grand Rounds presented at Summa Health Care Systems, Akron, Ohio. July, 2006.

Psychosocial Evaluation for Bariatric Surgery. Presented at the Harvard Medical School Obesity Course. June, 2006.

Psychosocial Aspects of Bariatric Surgery. Presented at the meeting of the Massachusetts General Hospital DBT Team. May, 2006.

Obesity and Bariatric Surgery. Presented at the Boston Consortium Pre-Doctoral Internship Program. March 2006, November 2006.

Obesity and Bariatric Surgery. Presented at the Massachusetts General Hospital Behavioral Medicine Seminar. February, 2006; March, 2007; August, 2007.

Conversations about Careers in Psychology. Professional workshop presented at Harvard University. November, 2005; March 2006; November, 2006; March 2007; March 2008.

Clinical Case Conference discussant. The Boston Consortium Pre-Doctoral Internship Program. May 2001, May 2003, April 2004.

Bipolar Disorder. Presented at the Boston Consortium Pre-Doctoral Internship Program. April 2004.

The State of the Art in Treatment for Obesity. Presented at the Boston Consortium Pre-Doctoral Internship Program. January 2003, January 2004, February 2005.

Clinical Boundaries. Presented at the Harvard Bipolar Research Center. June 2003, June 2004, June 2005, June 2006, June 2007.

Psychological Evaluation in Gastric Bypass. Presented at the Boston Consortium Pre-Doctoral Internship Program. January 2003, March 2004.

Psychological Evaluation in Forensic Child Custody Cases. Presented at the Boston Consortium Pre-Doctoral Internship Program. March 2001, March 2003.

Clinical Basics. Presented at the Medication Development Research Unit, DVA Boston Outpatient Clinic. August 1998.

Life After Internship. Panel discussion at the Boston Consortium Pre-Doctoral Internship Program. October, 1998; October, 1999.

Coping with Adversity. Presented at "The Entrepreneur and the Law" course, Departments of Business and Law, Cleveland State University. November 1993, April 1999, April 2000, April 2001.

PROFESSIONAL CONSULTATION

Expert witness: Fullum vs. Johnson; Hamilton, Altman, Canale & Dillon, LLC; Fairfax, VA. August, 2007 – March, 2008

Consultation to the bariatric surgery team at Summa Healthcare Systems, Akron, OH. July, 2006.

Psychological Evaluation for Bariatric Surgery. Day-long training presented for the professional training group of Magellan Behavioral Health. August, 2004.

REVIEW ACTIVITIES

Reviewer, Surgery for Obesity and Related Disorders.

Reviewer, Obesity.

Reviewer, Obesity Surgery.

Reviewer, Patient Education and Counseling

Editorial Board, Bariatric Nursing and Surgical Patient Care.