

CURRICULUM VITAE

Steven A. Safren, Ph.D.

PART I: GENERAL INFORMATION

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Place of Birth: Boston, MA.

Education

1991 B.A. Brandeis University, Waltham, MA. B.A., Psychology
1995 M.A. University at Albany, State University of New York, Clinical Psychology.
1997-1998 Harvard Medical School, Massachusetts General Hospital, Boston, MA.
Clinical Psychology Pre-Doctoral (APA Approved) Internship in Clinical Psychology, CBT Track.
1998 Ph.D. University at Albany, State University of New York, Clinical Psychology.

Postdoctoral training:

1998-1999 Massachusetts General Hospital, Harvard Medical School, Boston, MA.
Post-Doctoral Fellowship.

Licensure and Certification

1999-present Licensed Psychologist, State of Massachusetts, #7541.
2007-present Diplomate in Cognitive Behavioral Therapy, American Board of Professional Psychology (ABPP; Diplomate number 6403)

Academic Appointments

1997-1999 Clinical Fellow in Psychology (Psychiatry) in the Department of Psychiatry, Harvard Medical School (predoctoral internship and postdoctoral fellowships).
1999-2001 Instructor in Psychology (Psychiatry) in the Department of Psychiatry, Harvard Medical School.

2000-2003	Adjunct Assistant Professor in Clinical Psychology, Boston University.
2002-2005	Assistant Professor in Psychology (Psychiatry). Department of Psychiatry, Harvard Medical School.
2005-	Associate Professor in Psychology (Psychiatry). Department of Psychiatry, Harvard Medical School.

Hospital and Health Care Organization Service Responsibilities

1998-present	Research Scientist, Research and Evaluation Department, Fenway Community Health Center.
1999-2005	Clinical Assistant in Psychology (Psychiatry), Massachusetts General Hospital.
1999-2002	Credentialing Committee, Psychologist, Beacon Health Strategies.
2000-2006	Associate Director, Cognitive-Behavioral Therapy Program, Massachusetts General Hospital (Department of Psychiatry).
2004-2006	Director, Behavioral Medicine Service, Massachusetts General Hospital (Department of Psychiatry).
2006-	Director, Behavioral Medicine, Massachusetts General Hospital (Department of Psychiatry)

Major Committee Assignments

1998-2002	Research Scientist, Interdisciplinary Research Committee, Fenway Community Health Center, Boston, MA.
2000-present	Psychology Training Committee, Massachusetts General Hospital / Harvard Medical School.
2002-2003	Co-chair, Grand Rounds Committee, Department of Psychiatry, Massachusetts General Hospital.
2002-present	Research Leadership, Fenway Community Health Center, Boston, MA (Harvard Division of AIDS site).
2004-present	Member of Outcomes Research Program and Member of International AIDS Program, Harvard Division of AIDS / Partners AIDS Research Center / Center for AIDS Research
2004-present	Director, Behavioral Medicine Service, Department of Psychiatry, Massachusetts General Hospital.
2004-present	Director, Behavioral Medicine and Cognitive Behavioral Therapy Tracks, Clinical Psychology Internship Program, Massachusetts General Hospital
2004-present	Director, Cognitive-Behavioral Therapy Track, Clinical Psychology Internship Program, Massachusetts General Hospital.
2004-present	Outpatient Psychiatry Department (OPD) leadership, committee member.

2006-present	Associate Director, Behavioral Science Program, Harvard Division of AIDS Center for AIDS Research (CFAR).
2006-present.	Psychiatry Department, Research Committee, MGH.
2006-present	Promotions Committee for Harvard Appointments, Department of Psychiatry, MGH.
2007-present	Research Steering Committee, Department of Psychiatry, MGH.

Professional Societies

1993 to present	American Psychological Association, Member
1996 to present.	Association for the Advancement of Behavior Therapy, Member
1999 to present	Association for the Advancement of Behavior Therapy
1999 to 2002	Massachusetts Psychological Association, Member
2000-2003	President, Special Interest Group for the Study of GLBT Issues, Association for the Advancement of Behavior Therapy
2002-present	Society of Behavioral Medicine

Community Service Related to Professional Work

1993-1995	Counselor, HAVEN, Grieving Children's Support Group, Schenectady, NY.
1995-1996	Counselor, Capital District Gay, Lesbian, and Bisexual Community Center, Youth Support Group, Albany, NY.
1996-1997	Counselor, The Attic, Voyage House, Sexual Minority Youth Program, Philadelphia, PA.
2005-present	International Health Advisory Board, The Humsafar Trust, Mumbai, India.

Editorial Boards: Membership and Action Editor Positions

2001-present	Cognitive and Behavioral Practice 2001-2005, Special Column Editor: Diversity Issue. 2005-2006 (6 month period) - Guest Associate Editor. 2007-present – Associate Editor
2005-present	Journal of Behavioral Medicine, Editorial Board Member
2005-present	Behavior Therapy, Editorial Board Member
2007-present	AIDS and Behavior, Editorial Board Member
2008-present	Journal of Attention Disorders, Editorial Board Member
2008-2011 (term)	AIDS Education and Prevention, Editorial Board Member
2008-present	The Journal of ADHD and Related Disorders

Editorial Boards: ad hoc reviews

1997	Cognitive Therapy and Research
1998	Journal of Consulting and Clinical Psychology
1999	Cognitive Therapy and Research
2000	Journal of Consulting and Clinical Psychology, Journal of Affective Disorders, Psychosomatics, Cognitive and Behavioral Practice, Harvard Review of Psychiatry, AIDS Care, AIDS and Behavior
2001	Journal of Consulting and Clinical Psychology, Cognitive and Behavioral Practice, AIDS and Behavior, Quality of Life Research, Depression and Anxiety,
2002	Journal of the American Medical Association, Cognitive Therapy and Research, Psychosomatics, Journal of Consulting and Clinical Psychology, Journal of Abnormal Psychology
2003	Journal of The American Medical Association, Behaviour Research and Therapy, Clinical Psychology: Science and Practice, Cognitive and Behavioral Practice, Journal of Internal Medicine, Journal of the Gay and Lesbian Medical Association, Journal of Nervous and Mental Disease, American Journal of Public Health, The AIDS Reader
2004	Journal of the American Medical Association, Cognitive Therapy and Research, AIDS and Behavior, European Archives of Psychiatry and Clinical Neuroscience, Cognitive Therapy and Research, Clinical Psychology: Science and Practice, Journal of Educational Psychology, JAIDS: Journal of Acquired Immune Deficiency Syndrome, Psychological Medicine, Quality of Life Research, Professional Psychology Science and Practice, AIDS Care, Sexual Health.
2005	Clinical Infectious Disease, AIDS and Behavior, Journal of Abnormal Psychology, AIDS Care, Behaviour Research and Therapy, Journal of Consulting and Clinical Psychology, American Journal of Psychiatry, Journal of the American Medical Association.
2006	HIV Medicine, Psychological Medicine, JAMA, Quality of Life Research, AIDS and Behavior, Health Psychology, PLOS Medicine (Academic Action Editor).
2007	Journal of Nervous and Mental Disease, Neuropsychiatric Disease and Treatment, Behaviour Research and Therapy, JAMA, Journal of Consulting and Clinical Psychology
2008	AIDS Care, Health Psychology, AIDS Education and Prevention, Journal of Adolescent Health, Journal of Urban Health

National Conference Program Committees

2001-2007	Program Committee – AABT Annual Convention
2002	Assistant Program Chair, AABT Annual Convention

- 2004, 2005 Division 34 (Health Psychology), Program Committee, Reviewer, American Psychological Association Annual Meeting
- 2004 Society of Behavioral Medicine, Annual Meeting, Reviewer
- 2006 Division 12 (Clinical Psychology), Program Committee, Reviewer, American Psychological Association Annual Meeting

Grant Review Committees

- 2002-2005 Ad-hoc reviewer, National Institutes of Health, Center for Scientific Review, BSCH (formally ZRG AAR8) - Behavioral and Social Consequences of HIV; and Special Emphasis Panels (ZRG). 11/02; 4/03; 7/03, 10/03, 3/04, 11/04, 3/05.
- 2004, 2006 Harvard Medical School Center for AIDS Research, Developmental Core (Scholar and Feasibility Projects).
- 2005-2009 Standing member, National Institutes of Health, Center for Scientific Review, BSCH – Behavioral and Social Consequences of HIV. Associated ad-hoc meetings AAR8 (7/07).
- 2006 NIH Loan Repayment Program (NIMH).
- 2006 Swiss National Science Foundation, Ad hoc reviewer
- 2007 ZonMw, The Netherlands Organisation for Health Research and Development
- 2007 American Foundation for AIDS (AMfAR). Reviewer for letters of intent for fellowship and pilot grants on the intersection of mental health and HIV/AIDS.

Awards and Honors

- June, 1991 Brandeis University: Cum Laude, High Honors, and Catherine A. Chernosky Award.
- November, 1997 Association for the Advancement of Behavior Therapy, Special Interest Group for the Study of Gay and Lesbian Issues: Student Research Award.
- May, 1998 Massachusetts General Hospital and Harvard Medical School, Department of Psychology, Emerson Research Award.
- 2001, 2004 Harvard Medical School/Massachusetts General Hospital, Award for Excellence in Teaching and Mentoring for CBT.
- 2004 Book Award, Division 44, American Psychological Association.
- 2008 Harvard Medical School/Massachusetts General Hospital, Award for Excellence in Teaching and Mentoring for Behavioral Medicine.
- 2008 American Psychological Association, Division 44 (Society for the Psychological Study of Lesbian, Gay, and Bisexual Issues), Distinguished Contribution to Education and Training Award.

PART II: RESEARCH TRAINING AND CLINICAL

A. Narrative Report of Research, Teaching, and Clinical Contributions

My research is on the development and application of cognitive-behavioral interventions for problems that require increasing motivation and skills for self-care.

For my work in HIV/AIDS, I collaborate with the Harvard Medical School Division of AIDS and the Partners AIDS Research Center (PARC) at two of their sites – MGH and Fenway Community Health. At Fenway, I have conducted two randomized controlled trials of adherence interventions for HIV medications. One, funded by Massachusetts DPH, involved developing and testing a single session CBT intervention for HIV medication adherence. The other, funded by industry, tested a pager system for HIV medication adherence. Although the field of HIV adherence research is large and growing, these are two of the first adherence interventions to be tested in a randomized controlled trial.

My current focus, on HIV and depression, has followed a logical progression of steps. First, I received a junior investigator award from the Partners/Fenway/Shattuck Center for AIDS Research (now the Harvard Division of AIDS) to develop and openly pilot a CBT intervention that integrated my adherence intervention work with CBT for depression. I used the data and funding from this award to apply for and receive an NIMH R21 to do a pilot randomized controlled trial of this intervention. This project is nearing completion, and, as a result, I have received an R-01 from NIDA to conduct a full-scale efficacy trial of the intervention in patients with opioid dependence.

Through collaborations, I have extended my HIV research internationally. I am the protocol chair of a multi-site international study through the HIV Prevention Trials Network (HPTN) which will conduct formative data on HIV risk behavior among high risk heterosexual men, heterosexual women, and men who have sex with men in Thailand, Brazil, and Zambia. I am also the co-chair of the adherence and behavioral issues committee on two large scale multi-site international studies of antiretroviral therapy to be delivered in 12 sites (in India, Thailand, Malawi, Brazil, Peru, South Africa, and Haiti; 250-500 individuals enrolling in each site). These are HPTN 052 – antiretroviral therapy for serodiscordant couples with incident HIV infections prevention as the endpoint, and ACTG 5175 – a study testing the relative efficacy of different antiretroviral therapy regimens. In this capacity, I have developed the HIV adherence interventions, trained the international study staff on conducting the adherence counseling, and took the lead in selecting and developing the behavioral assessments.

My research on CBT for adult ADHD has also followed a logical progression of studies and funding. In collaboration with the ADHD program at MGH (Drs. Biederman, Spencer, Wilens) I developed and received an NIMH R-03 to conduct a pilot randomized controlled trial of CBT for adult ADHD. As a result of its success, I have received a 5-year NIMH R-01 which began May 2004 to conduct a full scale efficacy trial.

My administrative and teaching contributions occur through my work in the MGH Behavioral Medicine and CBT programs. I am the director of both of these training tracks in the clinical psychology internship. As a result, I oversee the teaching of CBT to the psychology fellows and interns in all psychology training tracks as well as the psychiatry residency. In 2004, I restarted the behavioral medicine service at MGH, where we provide short term skills-based interventions for patients referred from various medical services within the hospital. In this capacity, I am mentoring junior faculty and trainees in designated service areas (e.g. cancer, diabetes, neurology, HIV).

Most of my primary current mentees have now received or are about to receive their own NIH-grants in areas related to health psychology. This includes a study of CBT for anxiety in

cancer (NCI R03, Greer), a study of CBT for childhood sexual abuse and HIV risk reduction in men who have sex with men (O’Cleirigh – NIMH R34), a study of behavioral activation and HIV risk reduction in MSM who abuse crystal methamphetamine (Mimiaga, NIDA R03), two minority post-doctoral supplements to my NIDA R01 (Gonzalez and Bedoya), and an MRI study of cocaine use in HIV (Meade, funded by AmfAR and Harvard CFAR).

My clinical work is through the Behavioral Medicine Service, of which I am the director. I have led the development of a behavioral medicine program at MGH, and we are gradually adding staff to this program. I also treat patients in the cognitive behavioral therapy program, which focuses on providing empirically informed treatments for individuals with DSM-IV Axis I and Axis II psychiatric conditions.

B. Funding Information

Principal Investigator Roles

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| 1998 | Department of Public Health / Community Research Initiative. HIV Medication Adherence Program: Life-Steps, Project 1. Fenway Community Health Center. (\$50,000). |
| 1999 | Department of Public Health / Community Research Initiative. HIV Medication Adherence Program, Project 2: Life-Steps. Fenway Community Health Center (\$50,000; competitive renewal). |
| 1999-2001 | Efficacy of Medication On-Line Minders (MediMom). Fenway Community Health Center. Industry support: Reminders On Line. Industry Support (Reminders On-Line, Inc., \$75,000 direct costs). |
| 2001-2003 | CBT for Depression and medication adherence in persons with HIV. NIH-Funded through Partners/Fenway/Shattuck Center for AIDS Research (CFAR) junior-investigator research award (\$38,950 direct costs). |
| 2001-2003 | NIMH R03, CBT for Residual ADHD Symptoms in Adults. Massachusetts General Hospital. (MH60940; \$50,000 per year, direct costs). |
| 2002-2003 | Competitive renewal, CBT for Depression and medication adherence in persons with HIV. NIH-Funded through Partners/Fenway/Shattuck Center for AIDS Research (CFAR) junior-investigator research award (\$40,000 direct costs). |
| 2002-2003 | Supplement to HIV Prevention Trials Unit: Adherence preparedness study for HPTN 052 (A multi-site international study of Antiretroviral Therapy to prevent the transmission of HIV in serodiscordant couples - \$50,000 costs for supplement; Ken Mayer PI of Fenway HPTU). |
| 2003-2006 | NIMH R21, CBT for HIV medication adherence and depression. Fenway Community Health, (MH066660; \$375,000, direct costs). |
| 2004-2005 | Mental health baseline study of MSM in Mumbai: A pilot study. (\$5,000 from Fenway Community Health to Humsafar Trust, Mumbai, India). |
| 2004-2009 | NIMH R01. Efficacy of CBT for residual ADHD in Adults (MH069812; \$1,100,000 direct costs over 5 years). |
| 2004-2009 | NIDA R01, CBT for depression & adherence in HIV+ methadone patients. |

- (DA018603; \$1,566,585.00 direct costs over 5 years).
- 2005-2006 Minority supplement for Dr. Jeffrey Gonzalez to NIDA R01, CBT for depression & adherence in HIV+ methadone patients. (DA018603; \$50,000 direct costs per year).
- 2007-2008 Minority supplement for Dr. C. Andres Bedoya to NIDA R01, CBT for depression & adherence in HIV+ methadone patients. (DA018603; \$50,000 direct costs).
- 2006-2007 Behavioral sero-epidemiology of HIV among MSM in South India. Supplement to Harvard Medical School Center for AIDS Research (HMS CFAR)- \$50,000 costs for supplement; Bruce Walker PI of HMS CFAR.
- 2006-2011 NIMH R01, CBT for adherence & depression in diabetes. (MH 1R01MH078571 \$1,056,000 direct costs over 5 years).
- 2008- HIV Prevention Trials Network (HPTN 063). Preparing for international prevention trials involving HIV-infected individuals in care settings (NIAID funded network study, concept and protocol approved, takes place in Zambia, Brazil, and Thailand).
- 2008-2010 NIMH R21, Addressing psychosocial needs and HIV risk in Indian MSM (MH085314). Part of U.S.-INDIA bilateral collaborative research partnership on the prevention of HIV/AIDS.
- 2008-2013 NIMH R01, Efficacy of CBT for adherence and depression in HIV care settings (MH084757).

Co-Principal, Site-Principal, Co-Investigator Roles, and Major Consultant Roles

- 1997-1998 Co-investigator. Bristol Meyers Squibb. Pilot Adherence Research Program, Medication Salvage Protocol. Co-Principal Investigators: Martin Hirsch, Benjamin Davis). Massachusetts General Hospital.
- 1999-2000 Site investigator. Computerized HIV/AIDS Prevention for Alcoholics (Principal Investigator: Emil Chiauzzi). Innovative Training Systems & Fenway Community Health Center. SBIR, NIAAA (5R44AA011797).
- 1999-2000 Site Principal Investigator. Advanced Directives Video Package for People with HIV (Principal Investigator: Alison Morrill, New England Research Institute). Fenway Community Health Center. SBIR, NIMH (5R44AI040413).
- 1999-2001 Co-Investigator. Adherence substudy A5301s to ACTG 384 (Principal Investigators of ACTG 384 = M. Hirsch, G. Robbins; PIs of A5301s = M. Chesney and G. Robins).
- 2000-2005 Site Co-PI, Conduct and Evaluation of on-going phase III HIV vaccine efficacy trials (Site PI: Kenneth Mayer, Fenway Community Health), CDC and VaxGen.
- 2000-2008 Investigator (Behavioral Science Working Group). HIV prevention trials network. Fenway Community Health. (PI = Kenneth Mayer) NIH/NIMH/NIAID.

(International Collaboration/Collaborative Agreement, 5U01AI048040).

- 2001-2002 Co-Principal Investigator. Behavioral Secondary HIV Prevention Interventions in India. Supplement to Brown/Lifespan Center for AIDS Research Grant (C. Carpenter PI of CFAR; Kenneth Mayer Co-PI of supplement). NIH/NIAID.
- 2002-2003 Co-Principal Investigator, HIV Medication Adherence in Chennai, India. Supplement to Brown Fogarty International Training Grant (PI=Kenneth Mayer), International PI for project = N. Kumarsamy.
- 2002-2006 Investigator (Site P.I.). Understanding and Improving Adherence to ART. NIMH/NIH/NIDA. (PI= Ira Wilson, MD). R-01 (5R01DA015679).
- 2002-ongoing Coinvestigator (Chair of adherence and behavioral working group). ACTG 5175: A phase II, randomized, open-label evaluation of the efficacy of three-nucleoside reverse transcriptase inhibitor combinations for initial antiretroviral treatment of HIV-1 infected persons in developing countries (PI=Thomas Campbell, MD), and HPTN 052: A randomized controlled trial of ART to prevent HIV in serodiscordant couples.
- 2003-2008 Co-Principal Investigator. Enhancing HIV prevention among high risk HIV+ men (PI = Kenneth Mayer, Fenway Community Health), R01 (5R01MH068746), NIH/NIMH.
- 2003-2007 Co-Principal Investigator. Enhancing HIV prevention among HIV+MSM in Primary Care Settings, (PI = Kenneth Mayer, Fenway Community Health), HRSA.
- 2002-2010 Co-investigator. NIDA Clinical Trials Network: Northern New England Node (PI, R. Weiss, MD). NIDA (original grant and renewal). 2U10DA015831
- 2004-2009 Investigator. Stress, Distress Intolerance, and Drug Dependence. (PI, Michael W. Otto), NIDA R01 DA017904-01
- 2005-2008 Consultant. Maintaining ART adherence in post-DOT AIDS Patients. (PI, Heidi Behforouz). R34MH073400.
- 2005-2007 Co-mentor. Impact of life stress on HIV treatment adherence (P.I., Kathryn Bottanari), F31MH072551.
- 2005-2006 Coinvestigator. Strategies for Optimal HIV Care in the Caribbean (P.I. Kenneth Freedberg, supplement to Bruce Walker CFAR, P30 AI42851).
- 2006-2007 Investigator. Antiretroviral Adherence in a PEPFAR-funded HIV Care and Treatment Scale-up Effort in South Africa. Harvard University Program on AIDS (HUPA) (Lisa Hirschorn, PI).
- 2006-ongoing Investigator/Behavioral Science Consultant, International trial of directly observed

- therapy versus self-administered standard of care for participants with first virologic failure on a non-nucleoside reverse transcriptase inhibitor-containing antiretroviral regimen: A limited center trial of the AIDS Clinical Trials Group (ACTG 5234) (Robert Gross, PI).
- 2006-2009 Consultant, Antidepressant and behavioral adherence intervention for depressed HIV patients. (PI= Glenn Wagner, R34MH077503).
- 2007-2009 Mentor/co-investigator 1R03CA128478. Brief CBT for anxiety and advanced NSCLC (PI, Joseph A. Greer, Ph.D.).
- 2007-2008 Mentor. Impulsivity, Drug Abuse, and HIV Medication Adherence: An fMRI Study
amfAR Research Grant # 106884-42-RFBR. (Fellowship recipient, Christina Meade, Ph.D.).
- 2007-2012 Co-mentor. K23MH076037. Psychosocial treatment of depression in Parkinson's Disease. (PI, Amy Farabaugh, Ph.D.).
- 2007-2012 Co-investigator. R01MH073445. Optimizing strategies for universal HIV testing. (PI, Rochelle Walensky, MD)
- 2007-2010 Co-investigator. R34MH081335. Reducing high-risk behaviors among bipolar patients transitioning to adulthood (PI, Aude Henin).
- 2007-2012 Co-investigatior. ACTG 5251S Enhanced nursing support to improve self-management and outcomes of ART (PI, Nancy Reynolds).
- 2008-2009 Co-Investigator (mentor to Vranceanu). American society for the surgery of the hand (ASSH). A cognitive behavioral intervention for idiopathic hand and arm pain conditions not amenable to surgical treatments. (PIs: Ana Maria Vranceanu, Ph.D. and David Ring, MD)
- 2007-2008 Co-Investigator (mentor to Vrancenu). Academic Enrichment Fund (AEF), Career Development Grant. Cognitive-behavioral intervention versus standard treatments for patients with trapeziometacarpal arthritis. (PI: Ana Maria Vranceanu, Ph.D., David Ring, MD).
- 2008-2013 Co-investigator. 1R01MH084759, Optimal assessment of HAART in routine clinical care (PI, Heidi Crane)
- 2008-2011 Consultant. 1R34MH084674, Addressing Depression and ART Adherence in HIV+ Adults on the U.S. – Mexico Border. (PI, Jane Simoni).
- 2008-2010 Co-investigator. 1R21MH085319, Social/sexual networks of high risk married MSM in Mumbai (PI, Kenneth H. Mayer).

C. Report of Current Research Activities other than those mentioned above.

Miscellaneous research projects with the MGH Anxiety Disorders Research Team (Mark Pollack

PI), and on projects extending CBT to diverse and refugee populations (Devon Hinton).

D. Report of Teaching

Local Contributions

Local Contributions

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| 1998 | Suicidality and Related Factors in Lesbian, Gay, and Bisexual Youth Compared to Heterosexual Youth. Grand Rounds, Massachusetts General Hospital. Preparation time: 5 hours, Contact time: 1 hour |
| 1999 | Cognitive-Behavioral Therapy. Fenway Community Health. Two-seminars on cognitive-behavioral therapy to counselors in the research and evaluation department. Preparation time: 2 hours, Contact time: 2 hours |
| 1999 | HIV Medication Adherence. Fenway Community Health Center, Fenway Forum. A training for mental health professionals. Preparation time: 1 hour, Contact time: 1 hour |
| 1999 | Applying Cognitive-Behavioral Therapy to Patient Adherence to HIV Medication Treatment. Grand Rounds, Department of Psychiatry, Massachusetts General Hospital. Preparation time: 3 hours, Contact time: 1 hour. |
| 1999-present | Seminar Leader and Coordinator, Cognitive-Behavioral Therapy Program, Massachusetts General Hospital, Department of Psychiatry, Massachusetts General Hospital. Students: Fellows and Interns in Cognitive-Behavioral Therapy Program, Residents MGH Residency Program. Teach regular seminars in CBT and coordinate/organize the weekly seminar series. Preparation time: approximately 20 hours per year, Contact time: approximately 6-10 hours per year. |
| 1999-2004 | Anxiety disorders rotation, MGH Residents. Teach 1-2 seminars per year and/or supervise evaluations on anxiety disorders or CBT for anxiety disorders. Preparation time: 2 hours per year, Contact time: 2 hour per year. |
| 2001 | Clinical applications for persons with HIV. Harvard Medical School, Department of Continuing Education, Massachusetts General Hospital, Department of Psychiatry. Cognitive-behavioral therapy: Integration and Innovation. Preparation time 4 hours, Contact time 1.5 hours. |
| 2002 | Psychotherapy seminar. 1.5 hour seminar on CBT – similarities to general psychotherapy. Preparation time: 1 hour, contact time: 1.5 hours. |
| 2002 | Cognitive behavioral therapy for HIV medication adherence and depression. Infectious Disease Unit/Partners Center for AIDS Research Clinical Conference. Preparation time: 2 hours, Contact time, 1 hour |
| 2003 | HIV Self Care and Depression. Presentation given to Medical Provides at Fenway Community Health. Preparation time: 2 hours, Contact time: 1 hour. |
| 2003 | HIV/AIDS Care in India: Urban Settings. Presentation given at the one-day |

- conference, Health Care Strategies for HIV/AIDS in Limited-Resource Settings. MGH Institute for Health Professions; Harvard Medical School, Division of AIDS. Preparation time: 3 hours, Contact time: 30 minutes.
- 2005 Behavioral Aspects of HIV Care. Grand Rounds, Massachusetts General Hospital. Preparation time: 5 hours, Contact time: 1 hour.
- 2005 Grand Rounds, Mt. Auburn Hospital, Department of Psychiatry/Harvard Medical School. Cognitive behavioral therapy for ADHD in adults. Contact time: 1 hour.
- 2005 Grand Rounds, Massachusetts General Hospital, Department of Psychiatry/Harvard Medical School. Development of and testing cognitive behavioral therapy for ADHD in adults. Contact time: 1 hour.
- 2005 Behavioral Medicine. Harvard Medical School, Department of Continuing Education, Massachusetts General Hospital, Department of Psychiatry. Psychiatric Care of the Medically Ill: A Review of Psychosomatic Medicine. Preparation time: 3 hours, Contact time, 1 hour.
- 2006 Rounds, Brigham and Women's Hospital/Harvard Medical School, Neurology Department. Cognitive behavioral therapy for ADHD in adults. Contact time, 1 hour.
- 2006 Grand Rounds and seminar, Cambridge Hospital/Harvard Medical School, Psychiatry Department. Cognitive behavioral therapy for ADHD in adults. Contact time, 2 hours.
- 2007 Symposium speaker, Considerations in HIV Secondary Prevention Research. Part of symposium entitled, The Continuing Challenge of Prevention HIV/AIDS, organized by the Harvard Center for AIDS Research and Harvard University Global Health Initiative. Prep time = 2 hours, contact time = 3 hours.
- 2008 Department of Psychiatry, MGH. Junior faculty meeting. Mock Grant Reviewer. Prep time = 3 hours, contact time = 1 hour.

Regional and national contributions.

- 1997 Applying behavioral principles and empirical findings to gay, lesbian, and bisexual clinical issues. Clinical Roundtable at the annual meeting of the Association for the Advancement of Behavior Therapy.
- 1999 Cognitive-Behavioral Interventions for Adherence to HIV Medications. Grand Rounds, Memorial Sloan Kettering Hospital / Cornell Medical School, Department of Psychiatry.
- 1999 Suicidality and Related Factors in Sexual Minority Youth. Grand Rounds, NYU Child Study Center.
2000. The continuing need for diversity in cognitive-behavioral therapy, training and research. Roundtable at the annual meeting of the Association for the Advancement of Behavior Therapy.
- 2001 Discussant, Behavior Research and Therapy with Lesbian, Gay, and Bisexual Individuals. Symposium at the annual meeting of the Association

- for the Advancement of Behavior Therapy.
- 2002 Symposium chair, Efficacy to real-world effectiveness: CBT for social anxiety disorder in diverse and complex clients. Symposium at the annual meeting of the Association for the Advancement of Behavior Therapy. Reno, Nevada.
- 2003 Symposium chair, Use of technology in behavioral assessments and interventions. Annual meeting of the Association for the Advancement of Behavior Therapy, Boston, MA.
- 2004 AABT National Conference, Taught Master Clinician Series, “How to provide affirmative CBT to gay men”.
- 2004 Discussant (panel discussion), Successes and Challenges for Gays and Lesbians in Graduate Training, Professional Development, and Mentoring Relationships. Annual meeting of the Association for the Advancement of Behavior Therapy, Boston, MA.
- 2005 New psychotherapies directed at young adults with ADHD. Industry-sponsored symposium, “ADHD its not just for kids”, American Psychiatric Association, Atlanta, GA.
- 2005 AABT National Conference, Taught Workshop, “Cognitive Behavioral Therapy in Individuals with HIV”
- 2005 Invited speaker: The importance of addressing mental health needs in self-care interventions in HIV. June 2005 National HIV prevention conference, Atlanta, GA.
- 2006 Panel discussant and chair: Methodological issues in design of adherence interventions: Lessons learned from ongoing and completed randomized controlled trials. NIMH/IAPAC International Conference on HIV Treatment Adherence, Jersey City, New Jersey.
- 2006 Behavioral interventions for adherence in HIV: Studies conducted at Fenway Community Health and Massachusetts General Hospital. Brown/Tufts/Lifespan Center for AIDS Research, Research in Progress Meeting.
- 2006 HIV Prevention in Men who have sex with men. Opportunities for improving HIV diagnosis, prevention, and access to care in the U.S. Washington, DC. Invited address at national “consensus” meeting.
- 2006,2007 Cognitive behavioral therapy: A primer for the Non-CBT-er. Massachusetts General Hospital and Harvard Medical School Psychiatry Academy COPE course for Psychopharmacology. Boston, MA.
- 2006 Understanding cognitive and behavioral approaches to treating ADHD in adults. Industry-sponsored symposium, “The role of attention in ADHD”, American Psychiatric Association, San Diego, CA.
- 2007 Cognitive behavioral therapy and Interpersonal Psychotherapy.

- Massachusetts General Hospital and Harvard Medical School Psychiatry Academy - Psychiatry Board Review Course. Boston, MA
- 2007 Speaker for Course: Evidence-based psychotherapies: Indications, Outcomes, and Common Elements. MGH Psychiatry Academy. Boston and Philadelphia.
- 2007 Course Co-Director: Cognitive behavioral and psychopharmacotherapy approaches to the treatment of anxiety. MGH Psychiatry Academy. Boston. Day long course on CBT for anxiety. Content and speaker for morning lecture and co-directed remaining day long activities.
- 2007 Symposium chair: Issues in CBT outcome research for ADHD across the life-span. ABCT symposium, Philadelphia, PA.
- 2007 Symposium chair: Anxiety and comorbid medical conditions. ABCT symposium, Philadelphia, PA.
- 2007 Speaker, "Mental health concerns are common among sexually risk MSM in primary and secondary prevention studies." Symposium on mental health and HIV risk at the National CDC Prevention Conference, Atlanta, Georgia.
- 2007 Course Co-Director: Cognitive behavioral and psychopharmacotherapy approaches to the treatment of depression. MGH Psychiatry Academy. Boston. Content and speaker for morning lecture and co-directed remaining day long activities.
- 2008 Co-developer, content and speaker: Evidenced-Based Psychotherapeutic Approaches for Anxiety Disorders. Part of four city continuing education course. Speaker in New York and Atlanta.
- 2008 Grand Rounds, St. Joseph Hospital, Nashua New Hampshire. CBT: The basics.
- 2008 MGH Psychiatry Academy. Adult ADHD web-cast, speaker.

International contributions.

- 2002 Secondary HIV Prevention and Adherence, Indian Medical Association and YRG CARE, Chennai, India, Continuing Medical Education course instructor. January.
- 2002 Use of wireless devices for reminder cues for HIV medication adherence. Association of Clinical Research Professionals, 5th Annual European Meeting, Amsterdam. June.
- 2003 HIV Medication adherence. Full-day course taught to physicians, nurses, and counselors from three study sites (Chennai, India; Cheng-Mai, Thailand, and Pune, India) on the importance of antiretroviral medication adherence strategies to improve it, using informational, motivational, and behavioral change models. Developed the training materials for the Africa and South America trainings for the remaining study sites for HPTN 052 and ACTG 5175 (described above). March.
- 2005 Primary and Secondary Behavioral Prevention Interventions for HIV/AIDS,

as part of half-day CME course, “HIV Prevention: Biologic, Behavioral and Clinical Concerns”, sponsored by Harvard Medical International (Dr. Harvey Makadon) and Sri Ramachandra Medical School, Chennai, India. January.

- 2005 Enhancing therapeutic adherence in chronic diseases: Lessons learned from HIV. Invited address at Universidad Nacional Autonoma de Mexico, Mexico City, Department of Psychology. March.
- 2008 Preparing for international prevention trials involving HIV-infected individuals in care settings. Speaker on NIH-funded HIV Prevention Trials Network (HPTN), an international network.

Advisory and Supervisory Responsibilities

- 1999-present Clinical and Research Supervisor. Cognitive-Behavioral Therapy Program, Massachusetts General Hospital. Students: Interns and Fellows in Cognitive-Behavioral Therapy Program, Residents, or Psychology Trainees in the Adult Track Psychology Training Program. Coordinator of day to day operations of CBT training program. 40 hours a year.
- 2000-2002 Clinical Supervisor: Boston University Center for Anxiety and Related Disorders (Dr. David Barlow’s CBT program). 40 hours a year.
- 2004-present Director, CBT and Behavioral Medicine Training Tracks, MGH Clinical Psychology Internship. 40 hours a year.
- 2004-present Director of Behavioral Medicine Service and Associate Director of CBT Program: Manage the day to day operations and staffing of these programs in the Psychiatry OPD.

Names of advisees or trainees

- 2001-2003, 2007- Ellen Hendriksen, Ph.D. Research assistant at Fenway Community Health, collaborator when in graduate school, intern at MGH Behavioral Medicine Service, currently post-doctoral fellow MGH Behavioral Medicine.
- 2002- Matthew Mimiaga. Ph.D. student, Harvard School of Public Health, former research coordinator, Fenway Community Health. Ongoing collaboration and mentorship on HIV related projects at Fenway
- 2002- David Pantalone. Ph.D. RA, then student at University of Washington, Seattle, then post-doc at Hunter College, now faculty at Suffolk University. Collaborator on NIMH funded NRSA (dissertation) and ongoing collaboration.
- 2003-2005 Michael Berg, Ph.D. Associate Professor, Wheaton College. Currently work on projects related to medical adherence and mental health at Fenway Community Health.
- 2003-2004, 2006- Conall O’Cleireigh. Predoctoral intern, MGH psychology internship, current position: Postdoctoral Fellow: MGH/HMS.
- 2004-2005 Sudha Raminani. MS student at Tufts University. Preceptor, Tufts Public Health Program Applied Learning Experience (thesis equivalent).

- 2004- Jeffrey Gonzalez: Predoctoral intern, MGH psychology internship (CBT track). Obtained supplement to R01 DA DA01860 for postdoctoral training (65% FTE for supplement for Dr. Gonzalez) for July 2005-October 2006.
- 2004- Jennifer Burbridge, Ph.D.: Postdoctoral intern, MGH psychology 2-year internship (adult track). 2005- junior faculty.
- 2004- Joseph Greer, Ph.D. Postdoctoral Fellow, Behavioral Medicine Service. 2006-2008, staff psychologist/junior faculty MGH, 2008- present, Assistant Professor Williams College.
- 2002-03, 2004-05 Iftah Yovel, Ph.D. Predoctoral intern, MGH psychology internship (CBT track, 2002-2003), 2004-5 postdoctoral fellow under my supervision. Current position, Assistant Professor, Hebrew University, Jerusalem, Israel.
- 2004-2007 Carol Perlman, Ph.D. Staff psychologist, my role was mentor on NIH loan repayment program, supervisor on NIMH supported study, Efficacy of CBT for residual ADHD in adults.
- 2005-2007 Nafisseh Soroudi, Ph.D. Postdoctoral Fellow, Behavioral Medicine Service.
- 2005-2007 Kathryn Bottonari, Ph.D. student at University of Buffalo. Co-mentor on NIH-supported NRSA project.
- 200- Ana Maria Vranceanu, Ph.D., predoctoral then postdoctoral intern, Behavioral Medicine Service, MGH.
- 2006 Lavina Touchon, Thesis Director, Harvard University Extension School, Master of Liberal Arts Program.
- 2006- C. Andres Bedoya, Ph.D. Fellow MGH/Harvard Department of Psychiatry.
- 2006- Allison J. Applebaum. Doctoral student at Boston University, Department of Psychology. Dissertation advisor. Recipient of Clara Mayo Dissertation Award under my supervision (\$4,500.00).
- 2007- Amy Farabaugh. Staff psychologist at MGH. I am serving as co-mentor for her NIMH K award.
- 2007- Christina Meade. Fellow, Mclean Hospital and Harvard Medical School. Mentor for AmFAR HIV fellow award and Harvard Center for AIDS Research Scholar Award.
- 2007- Christina Psaros. Psychology Intern, psychology post-doctoral fellow Behavioral Medicine Service, MGH
- 2007- Laura Knouse. Psychology Intern, psychology post-doctoral fellow, CBT Track, MGH.

National Institutes of Health, Invited Participation in Workshops

- 2006 (May 15) The applicability of HIV treatment adherence to mental health treatment adherence. Speaker as part of one day workshop at NIMH entitled, "The NIMH workgroup on adherence to interventions for mental disorders". Rockville, MD

- 2007 (March 12-13) Cognitive behavioral therapy for adult ADHD. Speaker as part of two day workshop at NIMH entitled, “Improving long-term outcomes in ADHD: A treatment development workshop”. Rockville, MD
- 2007 (July 19-20) Types of interventions: Potency, dose, provider. Speaker as part of two day workshop at NIMH entitled, “Mentalh health considerations in secondary HIV prevention”. Rockville, MD
- 2007 (Sept 27-28) Addressing adherence to multiple treatments for multiple disorders – an HIV perspective. Speaker as part of two day workshop at NIMH entitled, “Methodological challenges in psychiatric treatment adherence research.”, Rockville, MD.

Selected Press Interviews and Reports.

- 2002, July 30 Washington Post: Paying attention to adult ADHD, by Matthew McMillen.
- 2002, August 23 AIDS Alert, Medical News, CDC News Update: Internet paging system helps improve adherence.
- 2002, December Health Behavior News Service: Perception of Punishment Undermines HIV treatment. <http://www.cfah.org/hbns/news/punish11-01-02.cfm>
- 2002, November WebMD Health, Patient Support Helps AIDS Treatment. <http://my.webmd.com/content/article/53/61261.htm>
- 2002, November Perception of punishment undermines adherence. CDC News Updates: The Body. http://www.thebody.com/cdc/news_updates_archive/nov27_02/adherence.html

E. Report of Clinical Activities.

Description of clinical practice, patient load, and clinical contributions:

My clinical practice has focused on CBT and Behavioral Medicine Interventions for patients in the Outpatient Psychiatry Department at MGH. My cases have mirrored my research interests, and have therefore centered on patients with HIV, patients with Adult ADHD, and patients with anxiety and depression. Typical patients in the CBT program at MGH have been individuals with high comorbidity and nonresponsiveness or partial responsiveness to medications.

I have developed and published intervention manuals for HIV medication adherence and for Adult ADHD, and have coauthored a book “CBT with gay, lesbian, and bisexual clients”.

Currently I direct Behavioral Medicine in our department.

Teaching Awards

- 2001, 2004 Harvard Medical School/Massachusetts General Hospital, Award for Excellence in Teaching and Mentoring for CBT (also listed above in awards and honors section).
- 2008 Harvard Medical School/Massachusetts General Hospital, Award for Excellence in Teaching and Mentoring for Behavioral Medicine (also listed above in awards and

honors section).

PART III: BIBLIOGRAPHY

A. Journal publications.

1. Safren SA, Heimberg RG, Juster HR. Client's expectancies and their relationship to pretreatment symptomatology and outcome of Cognitive-Behavioral Group Treatment for Social Phobia. *Journal of Consulting and Clinical Psychology*, 1997; 65: 694-698.
2. Safren SA, Heimberg RG, Brown EJ, Holle C. Quality of life in patients with social phobia. *Depression and Anxiety*, 1997; 4: 126-133.
3. Safren SA, Heimberg RG, Turk C. Factor structure of the Social Phobia Scale and the Social Interaction Anxiety Scale. *Behaviour Research and Therapy*, 1998; 36: 443-453.
4. Safren SA, Heimberg, RG. Depression, Hopelessness, Suicidality and Related Factors in Sexual Minority and Heterosexual Adolescents. *Journal of Consulting and Clinical Psychology*, 1999; 67: 859-866.
5. Safren SA, Otto, MW, Worth J. Life-Steps: Applying Cognitive-Behavioral Therapy to Patient Adherence to HIV Medication Treatment. *Cognitive and Behavioral Practice*, 1999; 6: 332-341.
6. Wulfert E, Safren SA, Brown I, Wan CK. Cognitive, behavioral, and personality correlates of HIV-positive persons' unsafe sexual behavior. *Journal of Applied Social Psychology*, 1999; 29: 223-244.
7. Lerner J, Safren, SA, Warman M, Henin A, Heimberg RG, Kendall PC. Differentiating anxious and depressive self-statements in youth: Factor structure of the Negative Affect Self-Statement Questionnaire. *Journal of Clinical Child Psychology*, 1999; 28: 82-93.
8. Heimberg RG, Horner KJ, Juster HR, Safren SA, Brown EJ, Schneier FR, Liebowitz MR. Reliability and validity of the Liebowitz Social Anxiety Scale. *Psychological Medicine*, 1999; 29: 199-211.
9. Safren SA, Heimberg RG, Horner KJ, Juster HR, Schneier FR, Liebowitz MR. Factor structure of social fears: The Liebowitz Social Anxiety Scale. *Journal of Anxiety Disorders*, 1999; 13: 253-270.
10. Safren SA, Lerner J, Henin A, Warman M, Heimberg RG, Kendall PC. Differentiating anxious and depressive self-statements: Factor structure of the Anxious Self-Statements Questionnaire and the Automatic Thoughts Questionnaire-Revised. *Cognitive Therapy and Research*, 2000; 24: 327-334.
11. Safren SA, Gonzalez RE, Horner K, Leung AW, Heimberg RG, Juster HR. Anxiety in ethnic minority youth: Methodological and conceptual issues and literature review. *Behavior Modification*, 2000; 24: 147-183.
12. Safren SA, Lanka GD, Otto MW, Pollack MH. Prevalence of childhood ADHD among patients with generalized anxiety disorder and a comparison condition, social phobia. *Depression and Anxiety*, 2001; 13: 190-191.
13. Eng W, Coles ME, Heimberg RG, & Safren SA. Quality of life following cognitive-

- behavioral treatment for social anxiety disorder: Preliminary findings. *Depression and Anxiety*, 2001; 13: 192-193.
14. Safren SA, Hollander G, Hart TA, Heimberg RG. Cognitive-behavioral therapy with lesbian, gay, and bisexual youth. *Cognitive and Behavioral Practice*, 2001; 8: 215-223.
 15. Safren SA, Otto, MW, Worth J, Salomon E, Johnson W, Mayer K, Boswell S. Two strategies to increase adherence to HIV antiretroviral medication: Life-Steps and medication monitoring. *Behavioural Research and Therapy*, 2001; 39: 1151-1162.
 16. Safren SA, Rogers T. Cognitive-behavioral therapy with lesbian, gay, and bisexual persons. *Journal of Clinical Psychology: In-Session, Psychotherapy in Practice*, 2001; 57: 629-645.
 17. Pirl WF, Beck BJ, Kim H, Safren SA. Description of On-Site Psychiatry Consultations in Primary Care. *Journal of Clinical Psychiatry (Primary Care Companion)*, 2002; 3: 190-194.
 18. Otto MW, Hong J, Safren, SA. Benzodiazepine discontinuation difficulties in panic disorder: Conceptual model and outcome for cognitive-behavioral therapy. *Current Pharmaceutical Design*, 2002; 8: 75-80.
 19. Simon NM, Safren SA, Sharma SG, Lanka GD, Otto MW, Pollack, MH. Longitudinal outcome with pharmacotherapy in a naturalistic study of panic disorder. *Journal of Affective Disorders*, 2002; 69: 201-208.
 20. Safren SA, Gershuny B, Marzol P, Otto MW, Pollack, MH. History of childhood abuse in panic disorder, social phobia, and generalized anxiety disorder: An examination of rates across diagnostic categories. *Journal of Nervous and Mental Disease*, 2002; 7: 453-456.
 21. Safren SA, Radomsky AS, Otto MW, Salomon E. Predictors of psychological well-being in a diverse sample of HIV-positive patients on highly active antiretroviral therapy. *Psychosomatics*, 2002; 43: 478-485.
 22. Safren SA, Hendriksen ES, DeSousa N, Boswell SL, Mayer KH. Use of an on-line pager system to increase adherence to antiretroviral medications. *AIDS Care*, 2003; 15: 787-793.
 23. Safren SA, Gershuny BS, Hendriksen ES. Symptoms of post traumatic stress and death anxiety in persons with human immunodeficiency virus and medication adherence difficulties. *AIDS Patient Care and STDs*, 2003; 17: 657-664.
 24. Otto MW, Safren SA, Pollack MH. Internal cue exposure and the treatment of substance use disorders: Lessons from the treatment of panic disorder. *Journal of Anxiety Disorders*, 2004; 18: 69-87.
 25. Berg M, Mimiaga M, Safren SA. Mental health concerns of HIV positive men gay and bisexual men seeking mental health services: A retrospective study. *AIDS Patient Care and STDs*, 2004; 18: 635-643.
 26. Hinton DE, Pham T, Tran M, Safren SA, Otto MW, Pollack MH. CBT for Vietnamese Refugees with Treatment-resistant PTSD and Panic Attacks: A Pilot Study. *Journal of Traumatic Stress*, 2004; 17: 429-433.
 27. Mayer KH, Safren SA, Gordon CM. HIV care providers and prevention: Opportunities and challenges. *Journal of Acquired Immune Deficiency Syndrome (JAIDS)*, 2004; 37: S130-S132.

28. Safren SA, Sprich S, Chulvick S, Otto, MW. Psychosocial treatments for adults with ADHD. *Psychiatric Clinics of North America*, 2004; 27: 349-360.
29. Safren SA, Hendriksen ES, Mayer KH, Mimiaga MJ, Pickard R, Otto MW. Cognitive behavioral therapy for HIV medication adherence and depression. *Cognitive and Behavioral Practice*. 2004; 11: 415-423.
30. Eng W, Coles ME, Heimberg RG, Safren SA. Domains of life satisfaction in social anxiety disorder: Relation to symptoms and response to cognitive-behavioral therapy. *Journal of Anxiety Disorders*, 2005; 19: 143-156.
31. Safren SA, Otto MW, Sprich S, Perlman CL, Wilens TE, Biederman, J. Cognitive behavioral therapy for ADHD in medication-treated adults with continued symptoms. *Behaviour Research and Therapy*, 2005; 43: 831-842.
32. Berg M, Safren SA, Mimiaga MJ, Grasso C, Boswell S, Mayer KH. Nonadherence to medical appointments is associated with HIV plasma RNA and decreased CD4 cell counts in a community-based HIV primary care clinic. *AIDS Care*, 2005: 17, 902-907.
33. Safren SA, Kumarasamy N, James R, Raminani SR, Solomon S, Mayer KH. ART adherence, demographic variables, and CD4 outcome among HIV-positive patients on antiretroviral therapy in Chennai, India. *AIDS Care*, 2005: 17, 853-862.
34. Pirl WF, Greer J, Weiss-Garber C, Safren SA. Screening for infectious diseases in a state psychiatric hospital. *Psychiatric Services*, 2005: 56, 1614-1616.
35. Kumarasamy N, Safren, SA, Raminani, S.R., Pickard, R., James, R., Krishnan, A.K.S., Solomon, S., Mayer, KH. Barriers and facilitators to antiretroviral medication adherence among patients with HIV in Chennai, India: A qualitative study. *AIDS Patient Care and STDs*, 2005: 19, 526-537.
36. Hinton DF, Pich V, Safren SA, Pollack MH, McNally RJ. Anxiety sensitivity in traumatized Cambodian refugees: A discriminant function and factor analytic investigation. *Behavior Research and Therapy*, 2005: 1631-1643.
37. Hinton DH, Chhean D, Safren SA, Hofmann SG, Pollack MH. A randomized controlled trial of CBT for Cambodian refugees with treatment-resistant PTSD and panic attacks: A cross over design. *Journal of Traumatic Stress*, 2005: 18, 617-629.
38. Mimiaga MJ, Safren SA, Benet DJ, Manseau M, DeSousa N, Mayer KH. MSM in HIV prevention trials are sexual partners with each other: an ancillary study to the EXPLORE study. *AIDS and Behavior*, 2006: 10, 27-34.
39. O'Cleirigh C, Safren, SA. Domains of life satisfaction among patients living with HIV: A factor analytic study of the Quality of Life Inventory. *AIDS and Behavior*, 2006: 10, 53-58.
40. Hinton DF, Pich V, Safren SA, Pollack MH, McNally RJ. Anxiety sensitivity among Cambodian refugees with panic disorder: A factor analytic investigation. *Journal of Anxiety Disorders*, 2006: 20, 281-295.
41. Biederman J, Arnsten AF, Doyle AE, Spencer TJ, Wilens TE, Weiss MD, Safren SA, Culpepper L. New developments in the treatment of ADHD. *Journal of Clinical Psychiatry (supplement)*, 2006: 67, 148-159.
42. Safren SA, Kumarasamy N., Hosseinipour M., Harwood MM, Hoffman I, McCauley M,

- Jumbe A, Nyirenda C, Mimiaga MJ, Solomon S, Celentano D, Mayer KH. Perceptions about the acceptability of assessments of HIV medication adherence in Lilongwe, Malawi and Chennai, India. *AIDS and Behavior*, 2006: 10, 443-450.
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 44. Hinton DE, Pich V, Chhean D, Safren, SA, Pollack MH. Somatic-focused therapy for traumatized refugees: Treating posttraumatic stress disorder and comorbid neck-focused panic attacks among Cambodian Refugees. *Psychotherapy: Theory, Research, Practice and Training*, 2006: 43, 491-505.
 45. Hinton, DE, Safren, SA, Pollack, MH. Cognitive-behavior therapy for Vietnamese refugees with PTSD and comorbid panic attacks. *Cognitive and Behavioral Practice*, 2006: 13, 271-281.
 46. Safren SA, Duran P, Yovel I, Perlman CA, & Sprich S. Medication adherence in psychopharmacologically-treated adults with attention deficit and hyperactivity disorder. *Journal of Attention Disorders*, 2007: 10, 257-260.
 47. Safren, SA, Wingood, GW, Altice FL. Strategies for primary HIV prevention that target behavioral change. *Clinical Infectious Diseases*, 2007: s300-s307.
 48. Yovel I, Safren SA. Measuring homework utility in psychotherapy: CBT for adult ADHD as an example. *Cognitive Therapy and Research*, 2007: 31, 385-399.
 49. Krishnan AK, Hendriksen E, Vallabhane S, Johnson SL, Raminani S, Kumarasamy N, Hobson J, Solomon S, Mayer KH, Safren S. Sexual behaviors of individuals with HIV living in South India: A qualitative study. *AIDS Education and Prevention*, 2007:19, 334-345.
 50. Knauz RO, Safren SA, O' Cleirigh C, Capistrant BD, Driskell J, Agular D, Salomon L, Hobson J, Covahey C., Mayer K. Developing an HIV-prevention for HIV-infected men who have sex with men. *AIDS and Behavior*, 2007: 11, 117-126.
 51. Gonzalez JS, Safren SA, Cagliero E, Wexler DJ, Delahanty L, Wittenberg E, Blais MA, Meigs JB, Grant RW. Depression, Self-Care, and Medication Adherence in Type 2 Diabetes: Relationships Across the Full Range of Symptom Severity *Diabetes Care*, 2007: 30, 2222-2227.
 52. Mimiaga MJ, Fair AD, Mayer KH, Koenen K, Gortmaker S, Tetu AM, Hobson J, Safren S.A. Experiences and sexual behaviors of HIV-infected MSM who acquired HIV in the context of crystal methamphetamine use. *AIDS Education and Prevention*, 2008: 20, 30-41.
 53. Berg M, Mimiaga M, Safren SA. Mental health concerns of HIV-negative gay and bisexual men seeking services. *Journal of Homosexuality (Journal of the Gay and Lesbian Medical Association)*, 2008: 54, 294-307.
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 55. Lu M, Safren SA, Skolnik PR, Rogers WH, Coady W, Hardy H, Wilson IB. What is the optimal recall period and response task format for assessing antiretroviral adherence. *AIDS*

- and Behavior, 2008: 22, 313-321.
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 60. Weiss M, Safren SA, Solanto M, Hechtman, L., Rostain, AL, Ramsay R, & Murray C. Research forum on psychological treatment of adults with ADHD. *Journal of Attention Disorders*, 2008: 11, 642-651.
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 63. Driskell J, Salomon L., Mayer K. Capistrant B, & Safren S. Barriers and facilitators of HIV disclosure among sexually risky HIV-infected MSM. *Journal of HIV/AIDS and Social Services* (in press).
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 65. Vranceanu AM, Safren S, Cowan J & Ring D. The Development of the Negative Pain Thoughts Questionnaire. *Pain Practice*, 2008.
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 68. Safren SA, O'Cleirigh CO, Tan JY, Raminani SR, Reilly LC, Otto MW, Mayer KH. A randomized controlled trial of cognitive behavioral therapy for adherence and depression (CBT-AD) in HIV-infected individuals. *Health Psychology* (in press).
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Symptoms of depression prospectively predict poorer self-care in patients with Type 2 Diabetes. *Diabetic Medicine* (in press).

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71. Gonzalez JS, Delahanty LM, Safren SA, Meigs JB, Grant RW. Differentiating symptoms of depression from diabetes-specific distress: relationships to self-care in type 2 diabetes. *Diabetologia* (in press).
72. Salomon L., Mimiaga MJ, Husnik MJ, Welles SL, Manseau MW, Montenegro A, Safren SA, Koblin BA, Chesney MA, Mayer KH. Depressive symptoms, utilization of mental health care, substance use, and sexual risk among young men who have sex with men (YMSM) in EXPLORE: implications for age-specific interventions. *AIDS and Behavior* (in press).
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B. Chapters, Reviews, and Other Communications

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2. Safren SA. Selected issues facing gay, lesbian, and bisexual graduate students in clinical psychology training. *the Behavior Therapist*, 1999; 22: 189-192.
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4. Safren SA. The continuing need for diversity in cognitive-behavioral therapy training and research. *the Behavior Therapist*, 24, 2001: 1.
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7. Mayer KH, Safren SA. Prevention of HIV transmission through behavioral change and sexual means. In Cohen J, Powderly WG, editors. *Infectious Diseases*, 2nd Edition. Burlington, MA, Elsevier, 2004.

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17. Mimiaga MJ, Raisner S, Reilly LC, Soroudi N, Safren SA. Individual interventions. In Mayer KH and Pizer H, *HIV-prevention*. NY: Academic Press, a division of Elsevier Press (in press).
18. Knouse LE, Cooper-Vince C, Sprich S, Safren SA. Recent developments in the psychosocial treatment of adult ADHD. *Expert Reviews, Neurotherapeutics* (in press).
19. Mayer KH, Mimiaga, MM, Safren SA. Prevention of HIV transmission through behavioral change and sexual means. In Cohen J, Powderly WG, editors. *Infectious Diseases*, 3rd Edition. Burlington, MA, Elsevier, in press.

C. Books

- 1 Martell C, Safren SA, Prince S. *Cognitive behavioral therapy with gay, lesbian, and bisexual clients*. New York: Guilford Press, 2003.
- 2 Safren SA, Perlman CA, Sprich S, Otto MW. *Mastery of your adult ADHD. Client Workbook*. Oxford University Press, 2005.

Dutch translation: *Bij Volwassenen Cliëntenwerkboek: Een Programma Voor Cognitieve Gedragstherapie*. NZ: Uitgeverij Nieuwezijds, 2006.

German translation: *Kognitive Verhaltens-therapie der ADHS des Erwachsenenalters*. Medizinisch Wissenschaftliche Verlagsgesellschaft (2007).

Portuguese translation: Under agreement.

- 3 Safren SA, Sprich S, Perlman CA, Otto MW. *Mastery of your adult ADHD, Therapist Manual*. Oxford University Press, 2005.

Dutch translation: *Behandelgids ADHD Bij Volwassenen Therapeutenhandleiding: Een Programma Voor Cognitieve Gedragstherapie*. NZ: Uitgeverij Nieuwezijds, 2006.

- 4 Safren SA, Gonzalez JS, Soroudi N. *Coping with Chronic Illness: Cognitive behavioral therapy for adherence and depression in individuals with chronic illness, Client Workbook*. 2007, Oxford University Press.
- 5 Safren SA, Gonzalez JS, Soroudi N. *Coping with Chronic Illness: Cognitive behavioral therapy for adherence and depression in individuals with chronic illness, Therapist Guide*. 2007, Oxford University Press.

D. Published Reviews and commentaries.

1. Safren, SA. Treatment for Chronic Depression, by JP McCullough. Book review for *Clinical Psychology Review*, 2002; 22: 629-630.
2. Jacobo MC, Safren SA. Handbook of affirmative psychotherapy with lesbians and gay men. Book review for K.Y. Ritter & A.L. Terndrup A.L. *The Scientist Practitioner*, 2002.
3. Safren SA. Affirmative, evidence-based, and ethically-sound psychotherapy with lesbian, gay, and bisexual clients. *Clinical Psychology: Science and Practice*, 2005; 12: 29-32.
4. Yovel I., Safren SA. Commentary on attention deficit hyperactivity disorder: Current status and future perspectives by Saadah & Saadah, *International Journal of Therapy and Rehabilitation*, in press.
5. O'Cleirigh CO, Safren SA. Breaking the mold or business as usual? Meeting the challenges of HIV prevention in people with serious mental illness and substance use disorders. *Clinical Psychology Science and Practice*, 2007: 14, 34-38.
6. O'Cleirigh CO, Safren SA. Optimizing the effects of stress management interventions in HIV. *Health Psychology*, 2008: 27, 397-301.

E. Selected abstracts / selected conference presentations (*only those containing data not yet published in complete form are included; from over 100 conference presentations*)

1. Wilson I, Coady W, Lu M, Safren S, Skolnik P, Hardy H. Physician-patient (MD-PT) relationship quality and antiretroviral medication adherence. Proceedings of the 2004 (December) conference, Elements of success: An international conference on adherence to antiretroviral therapy, Dallas.
2. Mayer, KH, Safren, SA, Grasso C, Knauz RO, Capistrant BD, Vanderwarker R. Belief systems associated with ongoing risky sex among HIV-infected MSM in care: Opportunities for new interventions. Poster presented at the International AIDS Society Meeting, August, 2006, Toronto, Canada.
3. Pratt, E, Behar, E, Stathopoulou, G, McHugh, RK, Pollack, M, Safren, SA. Negative affect, drug use, and emotional exposure: Enhancing distress tolerance in opiate-dependent patients. Paper presented at the 2006 Annual Meeting of the Association for the Advancement of

Cognitive and Behavioral Therapies, Chicago, IL.

4. Bottonari, K. A., Roberts, J. E., Safren, S. A., McQuaid, J. R., Hsiao, C. B., Sulaiman, A. S., Walsh, K., & Morse, E. (2007, March). Stress as a moderator of the relationship between depression and treatment adherence. Accepted for presentation at the 2nd International Conference on HIV Treatment Adherence. Jersey City, NJ
5. Wilson IB, Lu M, Rogers WH, Coady W, Bradshaw Y, Safren SA, Skolnik PR, Hardy H. Results of a physician-focused intervention to improve antiretroviral medication adherence. Accepted for presentation at the 2nd International Conference on HIV Treatment Adherence. Jersey City, NJ
6. Laws BM, Lu M, Rogers WH, Coady W, Bradshaw Y, Safren SA, Skolnik PR, Wilson IB. Impact of an Intervention on Physician-patient Dialogue Related to Antiretroviral (ARV) Adherence. Oral presentation, 3rd International Conference on HIV Treatment Adherence, Jersey City, NJ, March 17-18, 2008.
7. Lu M, Rogers WH, Laws BM, Coady W, Bradshaw Y, Safren SA, Skolnik PR, Wilson IB. Covered Time (CT) vs. Percent Doses Taken (PDT): Comparing Two MEMS Summary Adherence Measures Using Viral Loads (VL) as Reference. Poster, 3rd International Conference on HIV Treatment Adherence, Jersey City, NJ, March 17-18, 2008.