

## ACKNOWLEDGMENTS

This free educational program is made possible by generous support from an anonymous donor to the Center for Addiction Medicine of the Massachusetts General Hospital Department of Psychiatry.

## HOW YOU CAN HELP

To make a gift to support the Department of Psychiatry, please contact the Director of Development for Psychiatry at 617-724-8799 or visit us online at [www.mghfund.org](http://www.mghfund.org).

Charitable contributions are an increasingly important source of support for research, professional and public education, and clinical care in the Department of Psychiatry at Massachusetts General Hospital. We welcome and appreciate contributions of any size.



MASSACHUSETTS  
GENERAL HOSPITAL

## PLEASE JOIN US

### ARMS AROUND EDUCATION FALL SYMPOSIUM

## *Connecting the Pieces:* Strategies for Addressing Student Substance Use and Abuse

Wednesday, October 1, 2008

*A free program for school and  
college educators, administrators,  
and mental health professionals*

*Presented by*

The Addiction Recovery Management Service (ARMS)  
and Center for Addiction Medicine of the  
Massachusetts General Hospital  
Department of Psychiatry

*Produced in collaboration with*

The Mood & Anxiety Disorders Institute Resource  
Center of the Massachusetts General Hospital  
Department of Psychiatry

for the 2008 *ARMS Around Education* symposium presented by the Addiction Recovery Management Service (ARMS) and Center for Addiction Medicine of the Massachusetts General Hospital Department of Psychiatry.

This program features presentations by leaders in the field of addiction medicine and school consultation, as well as opportunities to engage in conversation with the lecturers and members of the ARMS staff.

The symposium is designed for public and private high school and college administrators, teachers, and counselors. The program is also appropriate for mental health providers in the community who care for students with substance-related issues.

Schools and colleges face complex challenges related to substance use, ranging from identifying youth and young adults at risk, engaging students around their drug use, identifying and accessing appropriate treatment or care, and collaborating with families, students, and school personnel to maintain a healthy educational environment. This symposium will give attendees an opportunity to learn about the biology of addiction and understand who is most vulnerable. In addition, attendees will hear about evidence-based programs to effectively treat this population, and how best to address substance use issues in a school or college setting.

## PROGRAM DETAILS

**Location:** Starr Center, Richard B. Simches Research Building, Massachusetts General Hospital, 185 Cambridge Street, Boston, MA

**Date:** Wednesday, October 1, 2008

**Time:** 12:15 - 1 pm: *Check-in*  
1 - 5 pm: *Program*  
5 - 6 pm: *Reception*

**Refreshments:** Complimentary coffee will be served during registration. Complimentary hors d'oeuvres and beverages will be served during the reception.

**How to Register:** Seating is limited. *Pre-registration is required and timely arrival is recommended.* Please complete and mail or fax the enclosed registration form. For additional registration forms visit: [www.massgeneral.org/allpsych/ARMS](http://www.massgeneral.org/allpsych/ARMS).

**Transportation:** MBTA Red Line (to Charles/MGH), Green Line (to Government Center) or Orange Line (to North Station)

**Parking:** Parking is available in the Massachusetts General Hospital parking garages.

**Cost:** This program is *free*.

**Questions?** Email [armsmgh@partners.org](mailto:armsmgh@partners.org) or call 617-643-4699.

## SCHEDULE

### *Connecting the Pieces:* Strategies for Addressing Student Substance Use and Abuse

- 12:15 - 1 pm** Registration
- 1:00 pm** *Introduction*  
Nicole Danforth, M.D.
- 1:30 pm** *Overview of Adolescent  
Substance Abuse:  
The Biology/Environment Connection*  
Timothy E. Wilens, M.D.
- 2:00 pm** Q&A
- 2:15 pm** *Addiction from a Developmental  
Perspective: Why Early Detection  
and Developmentally Appropriate  
Interventions Matter*  
John F. Kelly, Ph.D.
- 2:45 pm** Q&A
- 3:00 pm** Break and Curbside Consultation
- 3:30 pm** *What Works? Effective Treatments for  
Adolescent Substance Use Disorders*  
Martha Kane, Ph.D.
- 4:00 pm** Q&A
- 4:15 pm** *Strategies for Successful  
Partnering with Parents*  
Jeff Q. Bostic, M.D., Ed.D.
- 4:45 pm** Q&A
- 5:00 - 6:00 pm** Reception

## FACULTY

*Massachusetts General Hospital  
Department of Psychiatry*

### **Jeff Q. Bostic, M.D., Ed.D.**

Director of School Psychiatry,  
Massachusetts General Hospital;  
Associate Clinical Professor,  
Harvard Medical School

### **Nicole Danforth, M.D.**

Consulting Psychiatrist,  
Addiction Recovery Management Service (ARMS),  
Massachusetts General Hospital;  
Clinical Instructor in Psychiatry,  
Harvard Medical School

### **Martha Kane, Ph.D.**

Clinical Director,  
Addiction Recovery Management Service (ARMS),  
Massachusetts General Hospital;  
Instructor in Psychiatry,  
Harvard Medical School

### **John F. Kelly, Ph.D.**

Associate Director, Center for Addiction Medicine;  
Program Director,  
Addiction Recovery Management Service (ARMS),  
Massachusetts General Hospital;  
Assistant Professor in Psychiatry,  
Harvard Medical School

### **Timothy E. Wilens, M.D.**

Co-Director of the Center for Addiction Medicine,  
Massachusetts General Hospital;  
Associate Professor of Psychiatry,  
Harvard Medical School

## ABOUT US

**The Addiction Recovery Management Service (ARMS)** is a collaborative program for youth ages 15-25 and families suffering from substance-related problems. ARMS supplements traditional substance use services by providing rapid access to information and support, combined with outreach and care management. ARMS helps young people and their families to navigate the maze of issues that often complicate the recovery process, and to make informed decisions during each step of the recovery process and beyond. ARMS Around Education - an extension of ARMS specifically for schools - offers a range of services including: Program assessment, training for faculty, staff and parents, support to teachers and staff, and consultation around substance use issues.

*([www.massgeneral.org/allpsych/ARMS](http://www.massgeneral.org/allpsych/ARMS))*

# ARMS

*To make a referral*  
to the ARMS program or for more information,  
please contact the ARMS Clinical Coordinator at  
617-643-4699 or email [armsmgh@partners.org](mailto:armsmgh@partners.org).

## ABOUT US

**The Massachusetts General Hospital Department of Psychiatry** includes more than 600 affiliated psychiatrists and psychologists who provide state-of-the-art assessment and care for children and adults with mental health disorders. Our doctors, many of whom are world leaders in their fields, are uniquely trained as clinicians, researchers, and teachers. The Department has the largest clinical research program in the hospital, with ground-breaking studies in neuroscience, genetics, and the assessment of new and established treatments for mental health disorders. The Department recently launched the Psychiatry Academy, now with over 30,000 members, to bring high quality, objective continuing medical education to psychiatrists, primary care doctors, psychologists, social workers, and other health professionals around the world through live programming and the Internet. The Department of Psychiatry has earned the #1 ranking in psychiatry in the *U.S. News & World Report* annual survey "America's Best Hospitals" each year since 1996. *([www.massgeneral.org/allpsych](http://www.massgeneral.org/allpsych))*

**The Mood & Anxiety Disorders Institute (MADI) Resource Center** educates the public, professionals, and the community about mental health in order to increase understanding, instill hope, facilitate recovery, and improve lives. *([www.moodandanxiety.org](http://www.moodandanxiety.org) & [www.schoolpsychiatry.org](http://www.schoolpsychiatry.org))*